

Mountaineer

Vol. 58, No. 6

Published in the interest of the 7th Infantry Division and the Fort Carson, Colo., community

February 11, 2000



INSIDE Heritage



A 3rd ACR soldier returns to help protect the land of his forefathers.

See Page 5

Deployment



A farewell ceremony was held for the 3rd ACR at Butts Army Airfield.

See Page 16

Happenings



With the U.S. Figure Skating finals this week, it's a good time to visit the World Figure Skating Museum.

See B-1

FEATURES

**Commander's
Corner** Page 2

Community Page 5

Where & When Page 14

Military Page 15

Sports Page 23

Classifieds Page 28

Pvt. Murphy Page B7

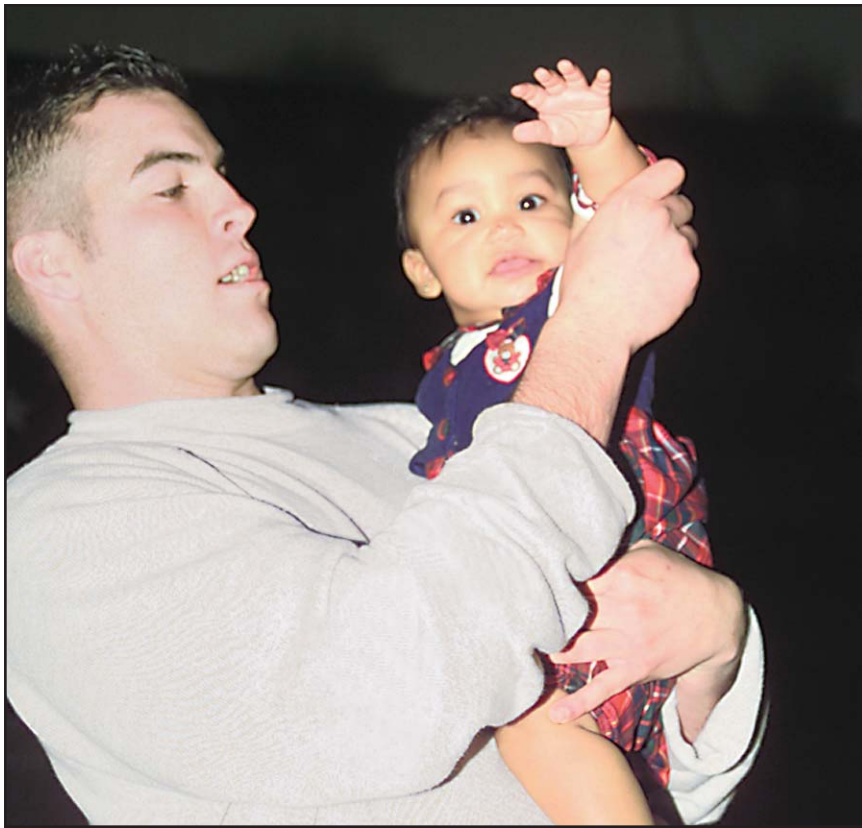


Photo by Cpl. Bryan Beach

One last dance ...

Specialist Dominic Saiz, 2nd Squadron, 3rd Armored Cavalry Regiment, dances with Bianca Rivera, a family member, at the Post Physical Fitness Center Saturday night during the post's farewell bash for the regiment.

Soldier sentenced to life in prison

Fort Carson Public Affairs Office

Sergeant Kimberly Dobson was sentenced to life in prison without the possibility of parole Monday for the premeditated murder of her husband, Sgt. Terry Dobson. Both Dobsons were assigned to Fort Carson.

Dobson was found guilty Saturday by members of a military court-martial. The members deliberated for an hour-and-a-half.

Dobson will be reduced to the lowest enlisted rank and discharged from the Army. She will serve her sentence at the Military Correctional Facility at Fort Leavenworth, Kan.

The couple apparently argued at their home in Colorado Springs in the early morning hours of March 2. The Colorado Springs Police Department responded to a disturbance call. Upon arrival the officers found Terry Dobson lying in the middle of the street. The victim had sustained multiple stab wounds.

Witnesses observed a suspect fleeing the scene. The police searched the area and found bloody clothing nearby. Kimberly Dobson was found hiding near the couple's previous residence on Melany Lane. The murder weapon was never found.

Terry Dobson was an operating room technician at Evans Army Community Hospital. Kimberly Dobson was a clerk with the 4th Personnel Service Battalion.



Photo by Spc. Cecile Cromartie

Let's rumble ...

Fort Carson's Eric Ivans flips all-Army competitor Donald Fleitz on his head as they competed in the 2000 all-Army trials at the Post Physical Fitness Center Feb. 4. Ivans and Fleitz are among the all-Army wrestlers that will meet wrestlers from the World Class Athlete Program to determine this year's representatives to the interservice wrestling championships in Pensacola, Fla. See Page 24.

Commander's Corner

Fort Carson celebrates African American/Black History Month



Soriano

“This year’s theme tells us that we must remember our past, but look to the future ...”

February is the National African American/Black History Month. This year’s theme is “Heritage and Horizons: The African American Legacy and the Challenges of the 21st Century.” Fort Carson will celebrate with an observance Wednesday from 6:30 to 9:30 p.m. at the Post Physical Fitness Center.

Our special guest speaker is Reverend Promise Lee, founder of the Relevant Word Ministries, a multi-ethnic fellowship. We will also be honored with guests including original members of the Tuskegee Airmen, the Negro Baseball League and Colorado Springs’ own baseball team, the “Brown Bombers.” There will be displays about these groups and the rare opportunity to speak with those who are a living part of our proud history.

Additionally, we will have entertainment from several local performance groups and food sampling.

As we take this opportunity to complete the story of America, we must recognize black Americans who

have influenced the progression of equal rights, equal educational opportunities and options for all people.

We have many on the Mountain Post Team with extensive knowledge of great black Americans. I ask them to share their wealth with others. We need to move forward to develop a living legacy of black Americans for all Americans.

In the past century, there have been many major contributions by black Americans, in spite of having to overcome legal and social obstacles. One of them is Dr. Charles Drew, a black medical doctor who helped to realize the possibility of blood collection and storage. His developments were used during World War II to save the lives of countless Americans. Drew created the model for the future of blood banking and was appointed director of the first American Red Cross Blood Bank. However, he considered his greatest contribution to be that he helped teach and certify hundreds of black surgeons.

Rosa Parks has been called “the mother of the civil rights movement.” She is best remembered for refusing to give up her seat on a bus in Montgomery, Ala., in 1955. This event sparked a citywide boycott of the bus system and resulted in the U.S. Supreme Court decision outlawing segregation on city buses. Throughout her life, Mrs. Parks received numerous honors for her part in the struggle for racial equality and our nation is greater as a result of this pioneering American.

Martin Luther King Jr., was instrumental in the civil rights movement, which affected all of American society. Because of his beliefs and work, there may

come a time in our future when we don’t feel a need to designate race when honoring achievements; all achievements will be recognized and documented equally.

This year’s theme tells us that we must remember our past, but look to the future. We have a challenge to ensure that all children are well educated and technologically proficient. This is critical to their assimilation into the current and future job markets and the deciding factor in many advancement opportunities. Our children will never know a time without personal computers having been part of normal life. They won’t know a time without black American sports heroes, educators, media personnel and other positive role models.

Unfortunately, the youth of today continue to know and experience discrimination, hatred and violence based solely on race. The challenge we have is to teach our children how to overcome these negative factors, to respect one another for who they are and create answers to these problems for the benefit of all. This begins with education and awareness across the nation. The Army does this with designated ethnic observances throughout the year. We invite you to share with us in celebrating African American/Black History Month at Fort Carson.

Mission first ... people always ...one team.
Bayonet!

Major General Edward Soriano
*Commanding General
7th Infantry Division and Fort Carson*

Letter to the Editor

I am a Choctaw Village resident, and I’m writing to plead the case of myself and neighbors. I have been a victim of burglary twice in the last four months.

Both incidences involved unsupervised juveniles who reside in Fort Carson housing. Both crimes were committed after curfew. Fort Carson has established curfew hours for juveniles on post (Please refer to you Family Housing Guide for more details on curfew.)

There is a strong need for increased parental control over juvenile family members to ensure this pro-

tection, safety and conduct, as well as to protect members of the Fort Carson community from misconduct caused by unsupervised juveniles.

My husband and I work very hard for what we have. Why must I keep watch over my property so it will not disappear. I should not have to fear living here on a military installation.

Parents are not disciplining their children and have proved to have no control over them, someone needs to be held accountable for the crimes these children commit. I know the post regulation states that the military personnel are to be held accountable

for their family members’ actions, but I have yet to see any action being taken.

It is a privilege to live in housing on a military installation — not a right. This has become a bigger problem than most of the community is aware of.

Neighbors, beware of any suspicious persons or conduct in your community. These persons should be reported to the Military Police. It is going to take the communities’ support to stop these crimes that are being committed by unsupervised juveniles.

Sincerely,

Concerned resident of the Choctaw Village

Sound Off!

What do you think about the new barracks policies?



Spc. Jason Leslie
HSC, 52nd Eng. Bn.
“It’s good in a way, but if you want to have a visitor after hours it’s bad.”



Pvt. Chad Krause
HSC, 52nd Eng. Bn.
“With the new barracks policy, there are 4 CQs. It’s a hassle.”



Pfc. Teresa Serrato
59th QM Co.
“It’s hard for civilians to visit, they have to leave their ID.”



Pfc. Robert Chaffey
59th QM Co.
“The CQ is always checking your room if you have a visitor.”

MOUNTAINEER
Commanding General:
Maj. Gen. Edward Soriano
Public Affairs Officer:
Maj. Kent Cassella
Chief, Command Communications:
Douglas M. Rule
Editor:
Cpl. Bryan Beach
Happenings:
Nel Lampe
Sports Writer:
Walt Johnson
Staff Writer:
Spc. Cecile Cromartie
Layout/graphics:
Colleen Bredahl

This newspaper is an authorized photo offset publication produced weekly in 15,000 copies for members of the Army. Contents are not necessarily the view of the Army or Fort Carson.

The *Mountaineer* is an unofficial publication authorized by AR 360-81. Editorial content is prepared, edited, and provided by the Public Affairs Office of Fort Carson. The *Mountaineer* is printed by Gowdy Printcraft Press, Inc., a private firm in no way connected with the Department of the Army, under exclusive written contract with Fort Carson.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or Gowdy Printcraft Press, Inc., of the products or services advertised. The Printer reserves the right to reject advertisements.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

Subscriptions are available for \$40 per year. All correspondence or queries regarding advertising and subscriptions should be directed to Gowdy Printcraft Press, Inc., 22 North Sierra Madre, Colorado Springs, CO 80903, phone (719) 634-1593. The *Mountaineer's* editorial content is edited, prepared and provided by the Public Affairs Office, Bldg. 1550, room 2180, Fort Carson, CO 80913-5000, phone

(719) 526-4144 .

Releases from outside sources are so indicated. Army News Service (ARNEWS) releases are received from Headquarters, Department of the Army. The deadline for submissions to the *Mountaineer* is close of business the Friday before the issue the submission will appear in. The *Mountaineer* staff reserves the right to edit the submissions for newspaper style, clarity and typographical errors.

Public Affairs policies and statements reflected in the news and editorial columns represent views of the individual writers and under no circumstances are to be considered those of the Department of the Army.

Reproduction of editorial material is authorized. Please credit accordingly.

NEWS

Mountain Post visited by PQA team

Quality and Reinvention Team

The President's Quality Award Program site visit team will return to validate and verify the 7th Infantry Division and Fort Carson's Organizational Self Assessment Monday to Thursday. The team was originally scheduled to be on the Mountain Post in January.

The team, comprised of six members from government agencies and civilian corporations, will be interviewing members of the Mountain Post Team and reviewing documentation about how we do business.

This is the third year in a row that Fort Carson has been selected as a President's Quality Award Program finalist. The Mountain Post is one of eight organizations throughout the federal government to be nominated.

Created in 1988, the award program includes two awards for recognizing high performing federal organizations: the President's Award for Quality and the Award for Quality Improvement.

In 1998 the Mountain Post Team won the President's Quality Award for Achievement, followed by the President's Quality Award for Merit in 1999.

The latter award was won for excellence in the categories of leadership, corporate citizenship and environmental stewardship.

The Awards Program was implemented to recognize federal government agencies that have established sound business practices that improve their overall performance and capabilities while demonstrating an ability to provide high-quality products and services, resulting in effective use of tax dollars.

This program promotes sharing of best management practices, strategies and performance practices among all federal government agencies as well as with state and local governments and the private sector. This includes providing models for other organizations to assess their overall performance in providing continuous value to customers and presenting a systematic, disciplined approach to deal with change by providing a framework or tools for conducting assessments, analysis, training and performance improvement planning.

Outcomes of the site visit and announcement of the winners will be released within the next two months.

Center not ready ...



Photo by Spc. Stephen Roach

Members of Fort Carson's Fire and Emergency Services monitor the entrance of the Family Readiness Center Tuesday after several people became ill and the building was evacuated. Thirty-two people were transported to Evans Army Community Hospital where they were treated and released. The cause of the incident is still undetermined. The center will remain closed until the investigation is complete.

New rules for nametapes, rank on GoreTex parka

Army News Service

WASHINGTON — A change in regulations standardizes the size and type of cloth nametapes and ranks authorized for the Extended Cold Weather Clothing System parka.

The change to Army Regulation 670-1 applies to regular Army, National Guard and Reserve soldiers wearing the ECWCS parka, more commonly called GoreTex among the ranks.

According to new Army guidance, nametapes attached to the ECWCS will be one half-inch wide and three-and-a-half-inches long, with quarter-inch block lettering.

The nametapes will hold up to 14 characters and be attached to the pocket flap on the left side of the parka, only.

Cloth insignias of grade with Velcro fasteners are no longer autho-

rized for wear. The only authorized cloth rank insignias are those that are sewn closed (like shoulder bars).

The loops slip over the front tab of the parka the same way that shoulder boards slip over the epaulets on the green shirt and sweater. Soldiers may use pin-on insignias of grade if they desire.

The new size nametape and closed-loop cloth insignias of grade are available in Army military clothing sales stores. After Sept. 30, no other sizes of nametapes will be authorized for wear on the ECWCS parka.

The above information covering the wear on nametapes and cloth rank insignia on the ECWCS parka will be included in the next revision of AR-670-1.

Mountain Post Action Council seeks input from community

Mountain Post Action Council

The Mountain Post Action Council meeting is open to the Fort Carson community.

Like the Fort Carson Town Hall meeting, this forum supports quality of life issues. The forum allows individuals the opportunity to speak with village mayors and other leaders of the Fort Carson community.

The forum provides community updates, gives attendees an opportunity to discuss issues of concerns and learn about upcoming events.

The commanding general and garrison commander chair the meetings.

The council itself is made up of members from various post agencies such as Medical Department Activity, Dental Activity, Army Community Service, Army and Air Force Exchanges, Commissary, Child and Youth Services, Director of Public

Works, Adjutant General, Equal Opportunity, Equal Employment Opportunity, Provost Marshall, Director of Community Activities, Inspector General, Staff Judge Advocate, District Eight Schools Education Center, Drug and Alcohol Education, Better Opportunities for Single Soldiers, Housing Village Mayors, major subordinate commands, commanders and command sergeants major.

The next MPAC will be held Feb. 24, 1 to 3 p.m. at the Elkhorn Conference Center. It is open to all interested individuals.

Attend, meet the leaders of the community, and you will be heard. Child care will be provided.

To ensure issues are addressed or for more information, call Andrew W. Cicerello at 526-0428 or Charlotte Laufer at 526-0430.

Community

3rd ACR soldier returns to family homeland

by 1st Lt. Wayne Crawford
3rd Armored Cavalry Regiment

Oftentimes it is asked by our soldiers, "why are we going to eastern Europe?" "What is our interest there?" One soldier in 3rd Armored Cavalry Regiment knows exactly why.

In 1945, at the close of World War II, war-torn Eastern Europe began its long hard road to democracy. After only three years, Hungary's fledgling democracy would die at the hands of the Red Army, and signal the beginning of 40 years of Soviet oppression.

Under the puppet-regime of Mátyás Rákosi, those who had established the democratic government were sentenced to death or to long terms of imprisonment in carefully managed show trials. More than 200,000 Hungarians were deported to labor camps in the Soviet Union, from which they would never return.

Many more were either forced to leave by Rákosi's Stalinist regime, or flee on their own, fearing for their lives.

Walking for hundreds of miles, these refugees braved hostile troops, minefields, swamps, subzero temperatures and near certain starvation to flee to safety in the west.

Among those refugees were young Mathias

Hoszter and his family. A soldier like his father and a veteran of World War II, Mathias was newly repatriated from a Russian POW camp where many others of his family would not return. Only months after his return home, the Soviet authorities ordered all Hungarians of German descent out of the city of Duzs, his home.

Sensing the end of the freedom so dearly bought in the travails of the World

War II, Mathias, his wife Katrina and his two children fled to West Germany — stuffed in an overcrowded boxcar. The Hoszter family settled in the small town of Rosenthal in the American sector of occupied Germany.

As for the rest of his family, Mathias' brother-in-law fled to East Germany in 1948; he was unable to reach the American sector, as it was already closed. In the Soviet-controlled East Germany he would be forced to stay until the age of 65. Mathias' wife's family was able to stay in Hungary, but lost their homes, and were forced buy them back at inflated prices.

Mathias Hoszter knew of the freedom and opportunity that Americans enjoyed from the stories his uncle had told him from his travels. His uncle had been displaced by the ethnic warfare of the First Balkans War in 1912, and was fortunate enough to buy passage to New York to escape persecution. Mathias longed to move himself and his new family there.

Though it was a dream that Mathias would never see fulfilled, in 1952, one year after his death, his brother would see Mathias' family safely to America. Mathias' son, George M. Hosster, settled in Milwaukee, Wis., and changed the spelling of his last name and raised a son of his own. Though separated from his family by the Iron Curtain, both George and his sister never forgot their family in Hungary and East Germany.

They spent their life trying to help them make their way to freedom. To this day, the Hoszters have yet to be reunited as a family; the turbulence of war in Eastern Europe has yet to settle, and many families

remain separated by its effects.

It was Sgt 1st Class George E. Hosster's grandfather, Mathias Hoszter, who traveled so far to bring his family to freedom. It was his family that endured the isolation and hardship of Soviet rule.

Now, as we approach the third millennium, Eastern Europe has its first chance at freedom and democracy in more than 50 years. To help achieve that goal, Hosster, the Petroleum Platoon's platoon sergeant with Supply and Transportation Troop, Support Squadron, will deploy with the 3rd Armored Cavalry Regiment to Bosnia this month.

He goes not only to give democracy a chance to survive in Bosnia; he goes to do what his father and grandfather could not, to ensure that his kinsmen will live together in peace.



George M. Hosster, Katrina and Theresa stand at Mathias' grave in Rosenthal, Germany.



George E. Hosster and Theresa are in Milwaukee, with grandmother Cecilia Hoszter in 1952.



Mathias Hoszter served in the Hungarian Army in World War II.



Sergeant 1st Class George E. Hosster is pictured with his grandmother Cecelia Hoszter.

Army families may now train online

by Paul Cavanaugh
Army News Service

WASHINGTON — Army family members and spouses can now receive skills training and support at their desks, thanks to the new Army Family Team Building NetTrainer Web site, www.defenseweb.com/aftb.

The Web site allows anyone interested in AFTB training to register and take available courses online.

The project is part of Army-wide efforts to use the Internet to improve service and support, especially for their geographically dispersed and deployed community members.

Army Family Team Building is a modular training program designed by the U.S. Army Community and Family Support Center to educate family members — particularly those of first-term soldiers — about Army culture, benefits, family support and other programs.

The NetTrainer online system includes web-based versions of the AFTB level one training lessons, along with a "Student Union" where students can track individual lesson progress, post questions to trainers and communicate with each other.

Lesson topics include "Family Support Groups,"

"Understanding your Benefits," "Managing Expectations" and "The Army Chain of Command and Chain of Concern."

"Our organization has had great success training families on post and enhancing family preparedness," said Vicki Brown, AFTB program director for CFSC, headquartered in Alexandria, Va.

"With this site we can reach an even greater number of Army families, no matter where they are located," she added.

Army Family Team Building has trained more than 20,000 family members in classroom instruction since 1994, and the NetTrainer site is expected to train an additional 4,000 to 5,000 Army family members annually.

The focus on Army families reflects the military's increased emphasis on well-being — quality of life — issues.

The logic is simple: soldiers with satisfied and well-informed families are more likely to remain in the service. At a time when all branches of the military face challenges in making enlistment quotas, retention is a significant topic.

Training is just one part of the AFTB NetTrainer system. Through the site's "TeamLink" area, trainers,

and program managers read the latest Army family news, share and download program resources, order supplies and file reports. The CFSC's staff uses the system's password-protected areas to track local AFTB programs worldwide, allowing them to allocate resources and determine needs more efficiently.

Anyone can use the site as a resource without registering. All visitors can access news, site links and a learning center, where they can find answers to commonly asked questions about Army living.

The Community Family Support Center's AFTB staff partnered with DefenseWeb Technologies to develop the NetTrainer system, utilizing the latest software development tools and graphical interface.

These staffs are working on the next phase which includes translating the training into Spanish and Korean, adding Level II training modules and developing other site enhancements.

For more information on the Army's AFTB training and programs, contact Vicki Brown, (703) 681-7400/DSN 761; brownv@hoffman-cfsc.army.mil or Paul Cavanaugh, (858) 272-8505; cavanaugh@defenseweb.com.

Editor's note: Paul Cavanaugh is employed by DefenseWeb Technologies.

Soldiers to get civilian eyeglass frames

by Staff Sgt. Betty Thompson

HEIDELBERG, Germany — The Army is implementing a new program so active duty soldiers will no longer have to pay out of pocket for a pair of civilian glasses.

The Army “Frame of Choice” program will let soldiers choose a civilian-style frame for one of their two pairs of military-issue glasses.

Already in operation in Europe, the program is being phased in across the rest of the Army in the coming months. Those eligible are active duty personnel, reserve components on active duty (other than training) and National Guard members on “call” longer than 30 days (not including training). Military retirees are not eligible for the FOC program.

This program is being implemented Army-wide

after a successful response from 1st Armored Division personnel during the pilot effort this past summer. During the pilot program, soldiers received their civilian frames in Army health clinics in Bad Kreuznach, Baumholder, Dexheim, Hanau and Friedberg, Germany.

Although the choice of a civilian frame will not eliminate standard-issue frames, it will give soldiers another incentive to wear their glasses — one pair for daily wear and another for the field, said Maj. Donovan Green, chief of the optical division at the Army Medical Materiel Center-Europe in Pirmasens. Green started the pilot program in two of the five clinics.

The FOC frames are unisex, come in various wire-rim styles and in different colors such as gold,

pewter, black, plum and rose. As for the FOC lenses, the general policy is no tinting or special coatings. Patients can normally expect to get their glasses within one week after getting fitted at their local clinic. This includes bifocals and trifocals. Special-order prescriptions may take longer. Green said soldiers are entitled to one pair of FOC glasses per year.

“We do not stock replacement parts for these frames so soldiers should take special care of their glasses. It is not cost-effective to stock replacement parts,” explained Green. It is estimated that the FOC program will cost about \$1.2 million a year. The FOC frames, on average, cost \$10 more per pair than the standard-issue frames.

***Editor’s note:** Staff Sgt. Betty Thompson is assigned to Europe Regional Medical Command.*

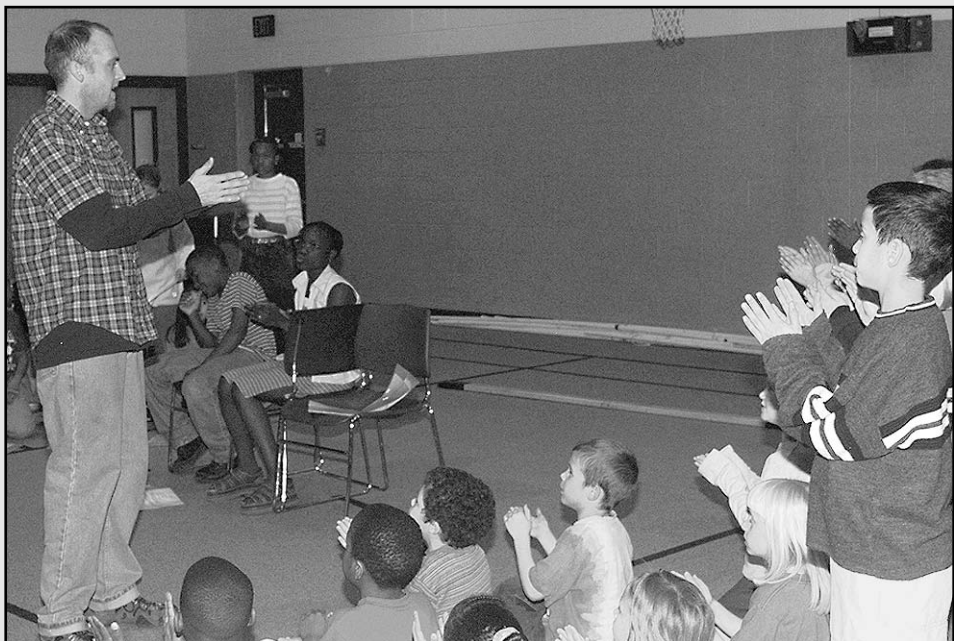


Photo by Spc. Cecile Cromartie

Childrens’ theatre ...

Ryan Grigg, left, a Missoula Childrens’ Theatre actor, leads Mountainside Elementary School children through a song from the play “Sleeping Beauty” at Mountainside Elementary School Wednesday.

Auditions for “Sleeping Beauty” were held Monday and 50 Mountainside Elementary School students were chosen to perform in the production.

For 28 years, Missoula has exposed children around the country and the world to almost every aspect of theater production and performance. In one week, Missoula actors/instructors hold auditions and rehearsals and end the week with a production open to the public. Using their own costumes, props, sets and more, Missoula relies on grants, donations and often the money made from productions for its funding.

The Missoula Childrens’ Theatre’s production of “Sleeping Beauty” is tonight at 6:30 p.m. at the Mountainside Elementary School. Tickets are \$1 for adults and 50 cents for children.

African American/Black History

'John & Sarah' exhibit traces slave story

by Nel Lampe
Mountaineer staff

The story behind the exhibit of "John & Sarah: A Family's Journey to Freedom" is a simple one. It's not a story about supreme court justices or a Baptist minister who was a leader in the struggle for equal rights and winner of a Nobel Peace Prize. It's not a story about an African American holding the nation's top military post. It's not a story about scientists, entertainers, poets, writers or athletes.

It's just a simple story about slaves who met, fell in love, married, became free, built a home and raised a family. It's an American story — the story and history of an African American family which puts a "face on a faceless institution — slavery," said Curtis Reaves, the great grandson of John and Sarah.

Curtis first learned about his maternal great

grandparents at a family reunion in Henderson, N. C. He saw a pencil drawing of the couple and learned they were slaves. From that moment, Reaves knew he had to learn more about his great grandparents, and "what they went through." He dedicated five years to researching the family's history.

Reaves learned that his great grandparents both had a trade, which served them well as slaves and enabled them to make a living after they became free.

John Clark Jordan was a carpenter and stone mason. His owner "hired him out" to other plantation owners to do carpentry work.

Sarah Hawkins Clark Jordan was trained as a midwife by her owner, Dr. Hawkins, although she also worked in the Hawkins home. Sarah was also a herbalist, perhaps learning the skill from her family and other slaves.

John, whose name was Clark, after his first owner, met Sarah Hawkins on one of his carpentry jobs. They fell in love and were married in 1853, although slave marriages were not legal until 1865, Reaves said. Neither slave owner wanted to sell his slave to the other, so the couple lived separately, each with his or her owner.

John Clark was eventually sold to another owner, and as slaves did, took on that name, becoming John Clark Jordan.

Eventually, John was able to buy his freedom, 120 acres of land and to build a cabin. Sarah was freed at the end of the Civil War. She and John lived in the cabin and raised their children.

In his search for the family's history, Reaves said many (research) doors were closed, because the history of slaves was not well documented during the 19th Century. Slaves were usually referred to as part of a parcel and not by name.

Reaves researched his family history by talking to the "family historian," his aunt, and talked to descendants of Dr. Hawkins.

Reaves was able to locate the home place in North Carolina where his great grandparents lived. It was still standing although overgrown with weeds, brush and bushes. He had to clear a path to reach the cabin.

"Walking on the same ground (as my great grandparents) was very spiritual," Reaves said. Although he had never before done carpentry

work, Reaves re-created a model of a portion of the cabin John had built.

The model is part of the exhibit, and is furnished as it might have been in the latter part of the 1800s. A Bible on the table is there because Reaves believed his great grandmother was literate, although it was against the law for slaves to be taught to read.

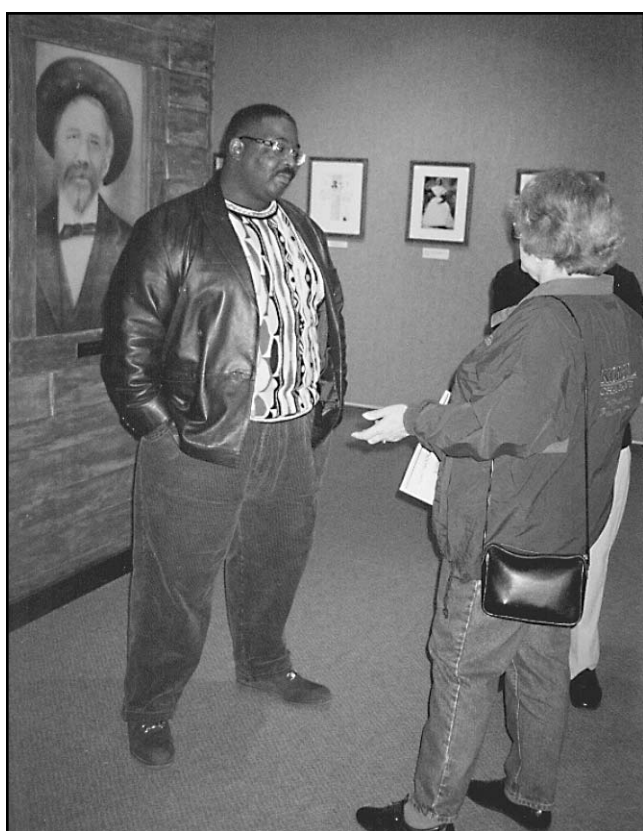
Reeves tells the poignant story of John and Sarah through a 26-minute video, in which actors reenact John and Sarah's story. John lived into his 80s; Sarah practiced midwifery for 85 years, living to the age of 104. She delivered more than 1,000 babies.

Reaves said that slavery was a horrifying system, but the exhibit is "not only a look at my family history, but our own (American) history."

Reaves hopes that the exhibit will inspire others to investigate their own family history. His advice to people starting to research their family history is to go to the oldest member of the family. Then take what you are told and go to state archives to weave the information.

The John and Sarah exhibit is at the Pioneers Museum, 215 S. Tejon St. until April 7. In order to better understand the exhibit, watch the video available at the museum before looking at the cabin display and photographs.

There is no admission charge. The museum is open Tuesday through Saturday, from 10 a.m. until 5 p.m.



Photos by Nel Lampe

Curtis Reaves stands in front of a portrait of his great grandfather while discussing the John and Sarah exhibit with opening day visitors.



The scale model of the cabin built by Reaves' great grandfather is furnished in authentic period findings.



Photo by Cpl. Bryan Beach

African American/Black heritage ...

Nadine Salmons, library technician at Grant Library, places books about African American history in a display case Feb 4. Every month Salmons creates displays highlighting the theme of the month and accordingly creates a recommended reading list about the subject. See a partial listing at right.

Books of the month

Editor's note: February is African American/Black History Month. To help inform people about the role blacks have played in military history, Grant Library has recommended several titles for reading. The following are the first of two installments.

- "A-train: Memoirs of a Tuskegee Airman" by Charles Walter Dryden
- "The African-American Soldier: from Crispus Attucks to Colin Powell" by Michael Lee Lanning
- "African Americans: voices of triumph. Perseverance"
- "All That We Can Be: Black leadership and Racial Integration the Army Way" by Charles C. Moskos
- "America's First Black General: Benjamin O. Davis, Sr., 1880-1970" by Marvin Fletcher
- "Black Armed Forces Officers 1736-1971 (a Documented Pictorial History)" by Jesse J. Johnson
- "Black Defenders of America, 1775-1973" by Robert Ewell Greene
- "Black History Month Resource Book"
- "The Black Soldier and Officer in the United States Army, 1891-1917" by Marvin Fletcher
- "The Black Soldier (documented, 1619-1815); Missing Pages in United States History" by Jesse J. Johnson
- "Black Women in the Armed Forces, 1942-1974" by Jesse J. Johnson
- "Buffalo Soldiers" by Catherine Reef

Training due on ‘don’t ask, don’t tell’

by Staff Sgt. Jack Siemieniec
Army News Service

WASHINGTON — All soldiers, from private to general, will receive refresher training on the military’s homosexual conduct policy — more familiarly known as “don’t ask, don’t tell” — according to new instructions mandated by top Army leadership.

The Office of the Deputy Chief of Staff for Personnel has directed that all soldiers receive the training by April 10.

Previous guidance from the Department of Defense was only that training be done “periodically.” Under this new initiative, the refresher training is required annually.

“The law was established in 1993 under Title 10 of the U.S. Code and has not changed. However, organizations often need to be reminded that we do not tolerate harassment under any condition, and that our goal is to treat everyone with dignity and respect,” said Col. John S. Westwood, director of human resources.

In a co-authored letter, Army Secretary Louis Caldera and Chief of Staff Gen. Eric K. Shinseki wrote, “Treating soldiers with dignity and respect is a bedrock value for the Army. We declare that there is no room for harassment or threats to any soldier in our Army for any reason. Therefore, as the senior

leaders of the Army we are determined to continue to implement the DOD homosexual conduct policy with equity and fairness to all of our soldiers.”

To support this initiative, the office has created a Web site with resource and training materials available for anyone at www.odcsper.army.mil . Once at the site, click on “Directorates,” and then on “Human Resources Directorate.”

The information is listed under “U. S. Army Homosexual Conduct Policy.” Included in these materials is a tri-fold pamphlet that can be reproduced as a handout for soldiers.

Westwood said the training materials were put on the Web to ensure commanders have the resources available to train the policy correctly. In addition, said Westwood, this information is updated routinely.

Commanders have the option to conduct training on the policy as they see most appropriate for their organization. The Department of the Army is not directing how commanders accomplish the mission.

“We’re going back out and re-emphasizing there are proper procedures that have to be followed when a soldier is identified as being gay,” said Col. (Chaplain) Herman Keizer Jr. “There is a difference between sexual orientation and sexual conduct. The law says we don’t tolerate homosexual conduct, but that homosexual orientation is a personal and private

matter.”

Keizer is deputy assistant in the Office of the Assistant Secretary of the Army for Manpower and Reserve Affairs.

In addition, the Army’s Training and Doctrine Command will incorporate training on homosexual conduct policies into all aspects of the military education system by the April 10 date, officials said.

In their letter, Caldera and Shinseki wrote, “Harassment of soldiers for any reason, to include perceived sexual orientation, will not be tolerated.

“We expect commanders at every level to take appropriate action to prevent harassment of or threats against any member of our Army. Once again, we are determined to continue to implement the “don’t ask, don’t tell” policy with fairness to all because that is the right thing to do for our soldiers.”

“It’s against Title 10 to be openly practicing homosexual behavior in our Army; however, our Army also has zero tolerance for any conduct that does not respect people’s dignity,” said Westwood.

“And that’s what we’re re-emphasizing — that regardless what somebody’s orientation is, we treat them with dignity and respect,” Westwood said. “The training consists of teaching the law — what is in Title 10 — and about dignity and respect for everyone, including homosexuals.”

Soldiers encouraged to vote in upcoming elections

Army Voting Assistance Program

WASHINGTON — As the presidential primaries begin and campaigning heats up, the nearly 6 million voters on Army posts across the world should be aware that they can participate in the electoral process.

Although the official Army Voter Registration Month isn’t until August, it is not too early to start thinking about absentee ballot voter registration. As mandated by the Uniformed and Overseas Citizens Absentee Voting Act, all eligible citizens who are members of the U.S. services or Merchant Marines and their family members are

guaranteed the right to vote. The Federal Voting Assistance Program, whose mission is to help soldiers get involved in elections, has already begun preparing Voting Assistance Officers to help register soldiers and any family members who are of voting age.

The first phase of the Army Voting Assistance Plan is already in motion. From November 1999 through spring of 2000, installations appoint Senior Voting Assistance Officers who will serve from January through December 2000. Those officers are in charge of ordering all the materials needed for

the voting process. They are also responsible for presenting informational programs to inform soldiers about the candidates who are running for office and post fliers publicizing the upcoming election.

The SVAOs and VAOs then conduct voter registration drives and two weeks of special programming aimed at creating awareness and motivating soldiers to register and vote in the general election. Overseas Citizens Voters Week, June 28 to July 4, and Armed Forces Voters Week, Aug. 30 to Sept. 5, will publicize the importance of registering and voting in the general elec-

tion.

The FVAP suggests that requests for absentee ballots be sent in 45 days before the election. If soldiers need to register to vote as well, the FVAP recommends that the form be sent in earlier.

More information about voter registration and requesting absentee ballots can be found at the FVAP Web site, <http://www.fvap.ncr.gov> . The FVAP also circulates a Voting Assistance Guide that includes an election calendar and the registration deadlines for each state.

Playing it safe on the ski slopes

by Mark S. Mandell

Association of Trial Lawyers of America

For some, snowfall means hours of back-breaking shoveling. For others, it heralds only one thing — skiing.

One of our favorite activities this time of year is loading up the kids and heading out to snow-covered mountains for the family ski trip. As with any recreational activity, there are a number of precautions that need to be taken to ensure that everyone has a great time and makes it down the hill safely.

Safety on the slopes is a serious concern. A January 1999 U.S. Consumer Product Safety Commission study of skiing helmets estimated the number of emergency room-related injuries associated with skiing for 1997 at 84,200 with 12,700 reported as head injuries. In addition, there were 37,600 snowboarding injuries, 5,200 of which were head injuries.

Though the overall rate of ski injuries has declined by about 50 percent over the past 25 years, according to a 1990 report by Dr. Jasper Shealy of the Rochester (N.Y.) Institute of Technology, skiing safety information remains a top priority at every ski resort.

That’s because our nation’s slopes have grown more and more crowded each year. According to the National Sporting Goods Association, nearly 10 million Americans go downhill skiing more than once each year. And, with the increasing popularity of snowboarding, add to that figure 2.5 million snowboarders.

The most important thing that we, as parents can do to protect our children and ourselves is to sit down and review a few skiing safety tips before venturing

out onto the slopes. The National Ski Areas Association has highlighted seven basic rules that comprise the skier’s code of conduct, entitled, “Your Responsibility Code”:

- Always stay in control, and be able to stop or avoid other people or objects.
- People ahead of you have to right of way. It is your responsibility to avoid them.
- You must not stop where you obstruct a trail; look uphill and yield to others.
- Always use devices to help prevent runaway equipment.
- Observe all posted signs and warnings. Keep off closed trails and out of closed areas.

• Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

In addition to these safety guidelines, a new recommendation recently issued by the CPSC suggests the use of helmets to prevent head injuries for skiers and snowboarders involved in falls or collisions.

According to the January 1999 CPSC study, helmet use in snow sports could reduce or prevent serious damage in 44 percent of head injuries to adults and 53 percent to children

Just as helmet use for other activities such as cycling and motorcycling have proven protection against head and brain injuries, hel-

met use on the slopes — especially by children — would be equally effective in reducing the severity of skiing-related accidents.

As always, when selecting protective equipment, be sure that all items, such as bindings and boots, are adjusted to fit properly. Ski helmets can run anywhere from \$50 to \$100, and are more than worth the expense if your family members should be involved in an accident.

Remember, protective gear is only an effective deterrent if used in conjunction with common sense: knowing your limits, following the rules and being constantly aware of those around you.



Courtesy photo

Skiers at Winter Park maneuver past each other.

Immediate treatment to animal bites may save your life

by Capt. Jennifer Chapman, D.V.M.
Fort Carson Veterinary Treatment Facility
Emergency Room personnel at Evans Army Community Hospital treated 211 people bitten by animals in 1999.

There have already been 10 people treated for animal bites at EACH so far this year.

National statistics indicate that most animal bites involve children, and that children are more likely to be bitten on the face.

These facts are alarming, but even more significant is the fact that most bites are preventable. The primary factors involved in animal attacks are:

- Lack of awareness of normal animal behavior — failure to understand the warning signs of an impending attack or provoking an attack, such as trying to break up a fight between two animals;
- irresponsible behavior by pet owners — failure to control their animals and
- uninformed or irresponsible pet breed selection by owners — a family with children should carefully consider the type of breed they choose as a pet.

These are important topics, but the purpose of this article is educating people on the proper actions to take after a bite.

Rabies can be fatal if not treated immediately. It is imperative to understand what to do if bitten by an animal.

- Provide emergency first aid, as needed. Prompt washing of wounds and flushing with a disinfectant is critical in preventing infection.

- Immediately report to the emergency room for treatment. This is not only common sense, but it is required so that Veterinary Services may begin to investigate the circumstances involved in the bite incident.

- Emergency room personnel will initiate the DD

Form 2341, Report of Animal Bite. They will get information from you concerning the incident. This information is critical to veterinary clinic's ability to follow up on the case. The information you provide will help in determining the following:

- Circumstances of the attack — investigators try to determine whether the animal exhibited normal or abnormal behavior. For instance, if you try to take food away from an animal, that animal can be aggressive and still be exhibiting normal behavior.
- A description of the animal — provide as much detail as possible. All available information is needed if it is necessary to search for an unidentified or stray animal.
- Owner of the animal — if the owner is known, provide as much information as possible to make it easier for us to track down the animal and obtain it for examination, vaccination history and quarantine, as needed.
- Your personal information — this is very important to investigations and medical personnel who may need to reach you for follow up treatment.

Emergency room personnel will complete their portion of the DD Form 2341, to include medical treatment of the case.

The form is then picked up by Veterinary Services, which is responsible for continuing the investigation. Preventative Medicine is notified of each case and a Rabies Advisory Committee (a team of medical professionals) convenes to evaluate the risk of rabies exposure and recommends preventative measures, if necessary.

Veterinary personnel ensure the animal is presented for examination and determination of quarantine procedures. This is pertinent in the case investigation. Military Police become involved, if necessary, to ensure owner compliance or to capture stray or

wild animals.

Coordination with civilian authorities is necessary for all off-post animals.

Veterinary Services documents all findings regarding the animal, and forwards this form to Preventative Medicine for completion and entry into a military database of epidemiological information.

This overview shows how the investigative process continues long after a person has been treated at the hospital. Many agencies are involved in investigating animal bite cases, so remember the information you provide is critical in helping this process run as smoothly as possible and, most importantly, to ensure proper steps are taken to protect you or your family members if bitten by an animal.

All domestic dogs and cats are required by law to have a current rabies vaccination. Fort Carson Regulation 40-5 also requires all pets residing on post be vaccinated annually for rabies and wear a current rabies tag identification at all times. The Fort Carson Veterinary Treatment Facility offers vaccination clinics Monday, Wednesday, Thursday and Friday. Call 526-3803 for more information.

Special alert

Pet owners who are leaving town (deployment, leave, etc.) must provide the Veterinary Treatment Facility with a "caretaker permission letter." This letter should state that the caretaker is authorized to have the pet released to them if the animal is picked up as a stray, or allow them to bring the pet in to the VTF for medical treatment. The caretaker will be responsible for payment. You must have a plan in place if you are leaving your pet in someone else's care on Fort Carson. Call 526-3803 for more information.



Photo by Cpl. Bryan Beach

Auto shop on the road ...

Auto shop students from Widefield High School take a look at a 6.2 liter diesel engine in a "Humvee" Feb 4. The students visited 2nd Brigade, 91st Division, 5th Regimental Training Brigade, maintenance facility here on Fort Carson.

The facility takes part in maintaining more than 250 vehicles used in evaluating National Guard and reserve Army training in the Western United States. The five mechanics shared information about shop safety, setup, salaries and education with the students during their visit.

Chapel

Protestant Women of the Chapel Sweetheart Banquet — The Sweetheart Banquet will take place Saturday at the Elkhorn Conference Center from 6 to 9 p.m. Cost is a recommended donation of \$7 a ticket, \$14 per couple. Reed’s photography will be taking pictures for those interested. The evening will end with music and dancing. No child care will be provided. For ticket information contact Jenny Gearhart at 392-8424.

Marriage Vow Renewal Mass and Dinner — All Catholic married couples of Fort Carson are invited to attend a marriage vow renewal Mass and dinner Saturday at Soldiers’ Memorial Chapel. The liturgy will begin at 5 p.m. with dinner following. Nursery and dinner reservations must be made by contacting Rose Terrell at 382-7649 prior to Sunday.

Protestant Youth of the Chapel — The PYOC meets each Sunday evening at Soldiers’ Memorial Chapel from 6:30 to 8:15 p.m. Weekly group meetings have taken on the name EDGE (Every Day God Experience).

Protestant Women of the Chapel — PWOC meets each week for prayer, fellowship and study at Soldiers’ Memorial Chapel. PWOC meets twice during the week — Tuesday at 9 a.m. and 7 p.m. Child care is available at the chapel for both groups. For information contact Jennifer Wake at 540-9157.

Chapel Schedule

ROMAN CATHOLIC					
Chapel	Service	Day	Time	Location	Contact Person
Healer	Mass	Sunday	11 a.m.	Evans Army Hospital	Fr. Gagliardo/526-7386
Healer	Mass	M-W-F	11:45 a.m.	Evans Army Hospital	Fr. Gagliardo/526-7386
Provider	Mass	Sunday	12:15 p.m.	Barkeley & Ellis	Chap. Vakoc/526-5769
Soldiers’	CCD	Sunday	10:45 a.m.	Nelson & Martinez	Ms. Feldman/526-0478
Soldiers’	Mass	Sunday	9:30 a.m.	Nelson & Martinez	Chap. Vakoc/526-5769
Soldiers’	Mass	M-W-F	8:15 a.m.	Nelson & Martinez	Chap. Vakoc/526-5769
Veterans’	Mass	Sunday	8 a.m.	Magrath & Titus	Chap. Vakoc/526-5769
Soldiers’	Mass	Saturday	5 p.m.	Nelson & Martinez	Chap. Vakoc/526-5769
EASTERN ORTHODOX					
Veterans’	Divine Liturgy	Sunday	11 a.m.	Magrath & Titus	Chap. Olson/526-5772
LUTHERAN					
Provider	Liturgical	Sunday	10:40 a.m.	Barkeley & Ellis	Chap. Rosenberg/526-4416
PROTESTANT					
Healer	Protestant	Sunday	9 a.m.	Evans Army Hospital	Chap. Jackson/526-7387
Prussman	Protestant	Sunday	9 a.m.	Barkeley & Prussman	Chap. Kincade/526-2833
Provider	Sun. School	Sunday	10:15 a.m.	Barkeley & Ellis	Chap. Belzl/526-4416
Provider	Protestant	Sunday	9 a.m.	Barkeley & Ellis	Chap. Belz/526-4416
Prussman	Sun. School	Sunday	9:30 a.m.	Barkeley & Prussman	Chap. Pair/526-2811
Prussman	Prot./Gospel	Sunday	11 a.m.	Barkeley & Prussman	Chap. Pair/526-2811
Soldiers’	Sun. School	Sunday	9:30 a.m.	Nelson & Martinez	Dr. Scheck/526-5626
Soldiers’	PYOC	Sunday	6:30 p.m.	Nelson & Martinez	Mr. Kayll/526-5229
Soldiers’	Protestant	Sunday	11 a.m.	Nelson & Martinez	Chap. Herron/526-8011
Veterans’	Protestant	Sunday	9:30 a.m.	Magrath & Titus	Chap. Atkins/524-1822

For additional information, contact the Installation Chaplain’s Office, building 6227, at 526-5209. For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636. Normally, free childcare is available during on-post worship services.

Daily Bible Readings

In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

- Feb. 12 - Psalms 69 & Exodus 34-36
- Feb. 13 - Psalms 70 & Exodus 37-38
- Feb. 14 - Psalms 71 & Exodus 39-40
- Feb. 15 - Psalms 72 & Leviticus 1-3
- Feb. 16 - Psalms 73 & Leviticus 4-6
- Feb. 17 - Psalms 74 & Leviticus 7-9
- Feb. 18 - Psalms 75 & Leviticus 10-12

Chaplain’s Corner

Chap. (Capt.) James Drake 3rd Battalion, 29th Field Artillery

Presidents Day, just another holiday to provide a day off from my hectic schedule. That has been my usual thought when faced with its yearly arrival, but then I volunteered to write this article. The task forced me to contemplate what the holiday is really meant to give us as Americans. I was also further asked to explore its meaning for me as a chaplain.

We all understand that Presidents Day was set aside in 1971 by Congress, the third Monday of February, as a day when we could honor those who have led our nation to greatness. It is a time to reflect on the people and their ideals which have established and preserved us as a people and nation. The driving force that caused our continent and nation to be settled was the concept of personal freedom. Central to that concept was the ideal, the desire for religious freedom and the wish to be free from religious persecution. To be free to choose ones religious beliefs and practices. Presidents Day for me is a memorial to those men who have endeavored to preserve our personal freedom of choice.

Our personal freedoms guarantee us, as Americans, freedom of both a personal and corporate nature. It allows us the individual choice to make decisions based on our private needs and desires. It also allows us to make decisions that tie us into cooperative bodies for our development and satisfaction. Among the ways we express those free choices is by choosing to associate with others through joining unions, professional organizations, service clubs, fraternities, sororities, religious organizations, etc.

At times, all of us complain about our situation, both individually and nationally. We blame the powers over us for our problems, openly showing our distrust or disgust in our elected leadership. That is a legal and natural right we have as Americans.

Many religious groups have directives in their holy writing concerning the people’s responsibilities to their nations and its leaders. In the book of Daniel, chapter 2, verse 21, God said, “And he changeth the times and the seasons: he removeth kings, and setteth up kings. Likewise in Acts 23:5 Paul quotes Moses saying, “Do not speak evil about the ruler of your people.” Islam has a traditional

saying, literally translated, “God has willed it” or “It is God’s will.”

The writings of many religions call on their adherents to accept what has been put into place as directed by God and work within its doctrine to fulfill God’s will for your lives.

As a Christian I am indeed thankful for the place and time God has placed me in this earth’s history. Many of us will never fully agree with or subscribe to the actions of another. We need to accept what is done in God’s will, endeavoring to change our lives into patterns of righteousness.

I am thankful for the men who have led our country, from Washington to Lincoln, from Kennedy to Clinton, and those in between. I do not wish to be just like any of them, rather, I want to be whom God wills me to be. I pray that we all will be receptive daily to God’s guidance and seek his will. I pray that they will continue to protect the rights we have as Americans, whomever we have chosen to worship. This Presidents Day, may we remember to pray for our nation’s leaders as we pray for ourselves. May we all be individually blessed as we celebrate this holiday.

Where and When

Editor’s Note:
It is the responsibility of each facility referenced in this directory to inform the Mountaineer of any changes.

Directorate of Community
Activities facilities

Physical fitness centers/swimming pools
• **Garcia PFC** ph: 526-3944 or 526-5785
M-F 6:30 a.m.-10 p.m./weekends and holidays 10 a.m.-5 p.m.
• **McKibben PFC** ph: 526-2597
M-F 6:30 a.m.-10 p.m./weekends and holidays 6 a.m.-1 p.m.
• **Waller PFC** ph: 526-2742
M-F 5:30 a.m.-10 p.m./weekends and holidays 3-10 p.m.
• **Mountain Post PFC** ph: 526-2411
CLOSED
• **Forrest FC** ph: 526-2706
M-F 5:30 a.m.-10 p.m./ Sat. & Sun. 10-5 p.m., Sat. 8-10 a.m. women only.
• **Post PFC** ph: 526-1023 or 524-1164
M, T, W, F 6-9 a.m./ Spinning classes M-F 5 and 6 p.m./ closed weekends and holidays
• **Indoor Swimming Pool** ph: 526-3107
M, T, Th, F 6:30 a.m.-9:30 p.m./ W 6 a.m.-9:30 p.m./Sat, Sun and holidays 9 a.m.-6 p.m.
• **Outdoor Swimming Pool**, ph: 526-4456
Closed until Memorial Day

Miscellaneous
• **Post Commissary**, building 1525, ph: 526-5505
M-F 9 a.m.-8 p.m./ Sat 9 a.m.-7:30 p.m./ Sun 9 a.m.-5 p.m.
• **Grant Library**, building 1528, ph: 526-2350
M-Th 11 a.m.-8 p.m./Fri 11 a.m.-5 p.m./Sat and Sun 10 a.m.-6 p.m.
• **Multi-Craft Center**, building 1510, ph: 526-0900
W-F 11 a.m.-7 p.m./Sat, Sun and holidays 9 a.m.-4:30 p.m.
• **AutoCraft Center**, building 2427, ph: 526-2147
Every day 8:30 a.m.-4 p.m., emissions only on M and Tues
• **WoodCraft Center**, building 2426, ph: 526-3487
M-Tues. closed/ Wed 1-7 p.m.(Closed for safety class.)/ Th-F 1-8:30 p.m./ Sat and Sun 9 a.m.-4:30 p.m.
• **Cheyenne Shadows Golf Course**, ph: 526-4122
M-Sun 8 a.m.-5 p.m.
• **Divots Grill**, building 7800, 2nd floor: 526-5107
M-T 9 a.m.-5:30 p.m./W-F 7:30 a.m.-5:30 p.m./ Sat. Sun. and holidays 6:30 a.m.-5:30 p.m.
• **American Red Cross**, building 1641, ph: 526-2311
M-F 8 a.m.-4:15p.m./ Emergencies: 526-2311 (24 hrs.)
• **Community Thrift Shop**, building 1008, ph: 526-5966
T, W, Thu 10:00 a.m.-2:30 p.m./ F-M closed
• **Turkey Creek Recreation Area**, ph: 526-3905
Office hours: W-Sun 8 a.m.-4:30 p.m./ closed M-T
• **Information, Tickets & Registration**, building 1510, ph: 526-5366
M-Th 10 a.m.-6 p.m./F 9 a.m.-6 p.m./Sat 9-1 p.m./closed Sun and holidays
• **Carlson Wagonlit Travel**, building 1510, ph: 576-5404
M,- Th, 10 a.m.-6 p.m./Fri 9 a.m.-6 p.m./weekends and holidays closed
• **Outdoor Recreation Complex**, building 2429, ph: 526-2083
M-Sun 10 a.m.-5:30 p.m./holidays 10 a.m.-4 p.m.
• **Fatz Pool and Darts**, building 1129, ph: 526-4693
M-Th 11:30 a.m.-midnight/Fri 11:30 a.m.-2 a.m./ Sat 3 p.m.-midnight/Sun closed
• **Bowling Center**, building 1511, ph: 526-5542
Sun-Th 11 a.m.-11 p.m./Fri & Sat 11 a.m.-midnight
• **Ten Pin Cafe**, building 1511, ph: 576-8126
Sun-Thu 11 a.m.-10:30 p.m./Fri & Sat 11 a.m.- 10:30 p.m./ M-F 8-10:30 a.m. (breakfast only)
• **Brass Rail Lounge**, building 1511
M-W 4-11 p.m./Thu 3-11 p.m./Fri & Sat 4p.m-12 a.m./Sun & holidays 11a.m.-9:30 p.m.
•**Wok Express**, building 2355
M-S 11 a.m.-6 p.m./closed Sunday
• **Youth Center**, ph: 526-2680
M-Th 3-8 p.m./Fri 3-9 p.m./Sat 1-9 p.m./ closed Sun & holidays



Program Schedule for Fort Carson cable Channel 10, today to Feb. 17.
Channel 10 can now be seen on your computer. Access the Fort Carson Web site and in the welcome section, click on the icon for Mountain Post Magazine.

Mountain Post Magazine: Stories on and about Fort Carson soldiers, civilians and family members. *Airs at 7 a.m., 9 a.m., noon, 2 p.m., 7 p.m. and mid-night.*

Army Newswatch: includes stories on the current Inspector General team post visits, the Army’s top recruiters and new Army commercials. *Airs at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.*

Air Force News: includes stories on Russian and U.S. cooperation on Y2K, basic training changes and airborne lasers (repeat). *Airs at 8 a.m., 1 p.m., 8 p.m. and 1 a.m.*

Navy/Marine Corps News: includes stories on

Army and Air Force Exchange Service facilities
Barber/Beauty Shops
• **Ivy Troop Store Barber Shop**, building 2355
M-F 7:30 a.m.-4 p.m./weekends and holidays, closed
• **Prussman Troop Store Barber Shop**
M-F 7:30 a.m.-4 p.m./weekends and holidays, closed
• **Barber Shop**, building 1161
M-F 7:30 a.m.-4 p.m./weekends and holidays, closed
• **Evans Beauty Shop**, building 7500, ph: 540-0462
M-F 9 a.m.-5 p.m./weekends and holidays, closed
• **Post HQ Barber Shop**, building 1430
Mon only 7:30 a.m.-1 p.m.
• **Welcome Center Barber Shop**, building 1218
Mon and Th. only 7:30 a.m.-4 p.m.
• **Main Store Mall Barber and Beauty Shops**, building 6110, ph: 576-6459
M-Sat 9 a.m.-7 p.m./Sun and holidays, 10 a.m.-6 p.m.
• **Mini Mall Barber Shop**, building 1510, ph: 576-8013
M-F 7 a.m.-6 p.m./Sat 8 a.m.-5 p.m./Sun 10 a.m.-4 p.m./ closed holidays

Shoppettes/service stations
• **“B” Street shoppette**, building 900
M-F 5 a.m.-midnight/weekends 6 a.m.-midnight
• **Ivy Troop shoppette**, building 2355
M-F 11:30 a.m.-6 p.m/Sat 10 a.m.-3 p.m./closed Sundays
• **Service Station**, building 1515
M-F 6 a.m.-7 p.m./Sat 8 a.m.-6 p.m./Sun 10 a.m.-4 p.m.
• **Housing shoppette**, building 5940
M-Sun 8 a.m.-9 p.m.

Bonhomme Richard Amphibious Ready Group, Delayed Entry Program students in San Diego and the submarine centennial. *Airs at 8:30 a.m., 1:30 p.m., 8:30 p.m. and 1:30 a.m.*

Community Calendar airs between program showing times.

Channel 9 daily broadcasts SCOLA, foreign language news broadcasts.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channels 9 or 10, please contact Douglas Rule at 526-1241 or via e-mail at:

RuleDo@carson-exch1.army.mil.

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

If you have ideas for **Mountain Post Magazine**, contact Spc. Stephen Roach at 526-1253 or 1169.

If you wish to have a training videotape shown on Channel 9, contact the Regional Training Support Center at 526-5111.

For additions to the Community Calendar, please submit a clean, typewritten copy of the information to the Public Affairs Office, room 2180, building 1550, Fort Carson, CO 80913 or fax it to 526-1021 no later than the Friday before airing time.

Alterations
• **Military Clothing Sales Store**, building 1510, ph: 526-8715
M-F 9 a.m.-6 p.m./Sat 10 a.m.-4 p.m./Sun 11 a.m.-4 p.m./ closed holidays
• **Mini-Mall**, building 1510, ph: 576-4304
M-Sat 9 a.m.-6 p.m./Sun 10 a.m.-5 p.m./closed holidays

Miscellaneous
• **Burger King** (Specker), building 1520
M-F 6 a.m.-9 p.m.(drive-thru until 10 p.m.)/Sat 7 a.m.-9 p.m. (drive-thru until 10 p.m.)/Sun 8 a.m.-9 p.m.
• **Kentucky Fried Chicken**, building 1533, ph: 579-8237
M-Sat 10:30 a.m.-10 p.m./Sun 10:30 a.m.-9 p.m.
• **Class Six**, building 1524
M-Sat 9 a.m.-9 p.m./Sun 11 a.m.-5 p.m.
• **Class Six Annex**, building 3572
M-Sat 10 a.m.-7 p.m./closed Sundays
• **Laundromat**, building 6089
M-Sun 7 a.m.-10 p.m.
• **TV Repair/U-Haul**, building 1008, ph: 579-9344
M-F 10 a.m.-5:30 p.m./Sat 8 a.m.-noon/ closed Sun and holidays
• **Sprint Office**, ph: 579-7463
M-F 8 a.m.-5 p.m./Sat 10 a.m.-2 p.m./closed Sun and holidays
• **Post Exchange and Main Store Mall**, building 6110
M-Sat 9 a.m.-9 p.m./Sun and holidays 9 a.m.-6 p.m. (Flower Shop, Vitamin Expo, Optical Shop and AT&T kiosk)
• **Main Store Mall Espresso Cart**
M-F 8 a.m.-3 p.m./Sat and Sun 8 a.m.-4 p.m./closed holidays
• **Mini Mall**, building 1510
M-Sat 9 a.m.-11 p.m./Sun and holidays 10 a.m.-5 p.m. (Shoe Repair and Engraving Shop)
• **Mini Mall Laundry**, building 1510
M-Sat 9 a.m.-6 p.m./Sun 10 a.m.-5 p.m./closed holidays

Military

Technological innovations provide training opportunities for 7th ID National Guard soldiers

by Capt. Rhonda Nee

105th Mobile Public Affairs Detachment,
Oklahoma National Guard

OKLAHOMA CITY — Members of the 1st Battalion, 180th Infantry, Oklahoma National Guard, 7th Infantry Division, conducted a computer battle simulation command post exercise during a January drill in McAlester, Okla. The battalion utilized the JANUS system to conduct the exercise, which was based on the battle of the Anzio Campaign in Italy, June 1944.

Major Larry Fleishman commanded the leaders of the 1st Bn., 180th Infantry.

"We trained in military decision making procedures, used our battalion tactical standard operating procedure and worked on enhanced communication between the battalion and company commanders,"



Courtesy photos

Specialist Jeffrey Price, left, and Master Sgt. Harold Lasiter record intelligence information on a map board as the battle drill progresses.

said Fleishman.

The 180th Infantry has a strong regimental association.

"The association provides a vehicle for discussion from World War II veterans; there is a lot to learn from them," said Fleishman. There are an estimated 10 to 20 veterans in the association who fought at Anzio.

"The 45th Division suffered huge losses, stopping the German attack. Today, we are on the same terrain as the World War II 180th Regiment," said Fleishman.

The soldiers conducted the exercise at the McAlester National Guard Armory. The JANUS computer system was monitored by Gus Gustafson, data base manager. He is employed by Cubic Applications, a company based in Texas. He works at the Regional Training Institute in Oklahoma City. The company has four locations in Oklahoma: Pryor, RTI, Camp Gruber and McAlester.

"A new program is being introduced that will allow the combat service support elements to be actively involved," said Gustafson. "If a vehicle is damaged in battle, the vehicle can go through repair and back into the war play."

The 180th's leaders spent a full day conducting a practice run with the JANUS system. On the second day, they began the war play.

"I conducted enemy movements according to world class opposing forces doctrine, which has replaced the old communist threat," said Capt. Bobby Yandell, assistant intelligence officer for the 45th Infantry Brigade. Yandell conducted all the enemy force activities during the exercise.

"The game is not played like a video game, but like soldiers would do in a combat field environment," said Gustafson



Sergeant Timothy Cox, left, Staff Sgt. Mark Schlueter, standing, and Spc. Thomas Whitehead record battle information for companies participating in the computer battle simulation.

During the simulated battle, soldiers only see their portion of the battlefield. They must call for mortars, stingers, air support, multiple launching rocket system and howitzer fire during the battle.

"It's important to learn procedures, communication and interaction. We will do this type of maneuvering for annual training and our upcoming Joint Readiness Training Center, Fort Polk, La., rotation," said Master Sgt. Harold Lasiter.

As the scenario unfolded, Company A obtained its objective, Company B destroyed three tanks, and the main effort hid in the creek unseen by the enemy. Company C shot down the enemy air force, while Company A breached the tree line. The battalion continued to move forward and secure its objectives.

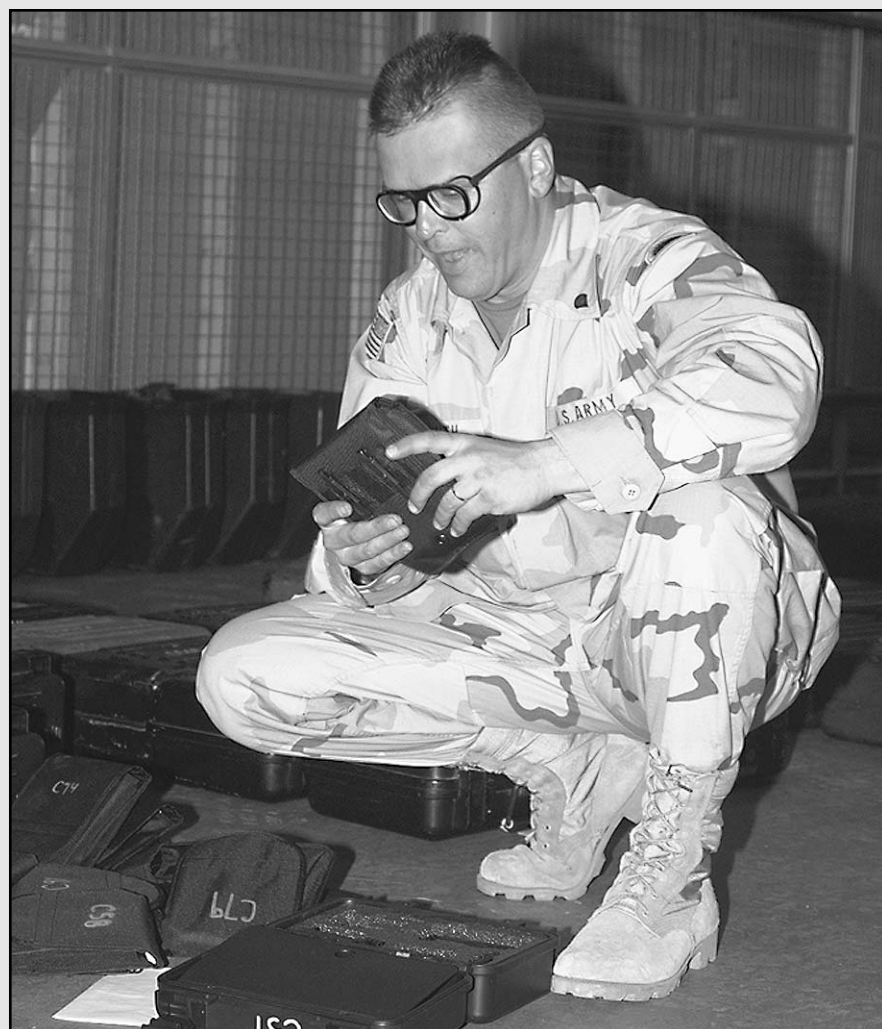
"Shoot, move, communicate, conceal and cover were the skills practiced," said Fleishman. "I was pleased with the training and the reporting was good."



Going to Kuwait ...

ABOVE: Brigadier Gen. Robert M. Mixon, deputy commanding general, 7th Infantry Division, shares a lighter moment with soldiers of the Oregon National Guard during a farewell ceremony Feb. 4 at Prussman Chapel.

RIGHT: Specialist David Smith, 2nd Battalion, 162nd Infantry, Oregon National Guard, prepares night vision xscopes for transportation at Headquarters, Headquarters Company, 7th Infantry Division, Feb. 4.



Photos by Cpl. Bryan Beach



Photo by Spc. Cecile Cromar

On horseback, Maj. Gen. Edward Soriano, commanding general, 7th Infantry Division and Fort Carson, Col. Christopher Baggott, commander, 3rd Armored Cavalry Regiment, and Lt. Col. Mark Troutman, deputy commander, 3rd ACR, inspect the troops during the regiment's departure ceremony at Pershing Field Feb. 4. Many individuals from the Fort Carson and surrounding communities attended to bid the soldiers farewell.



Photo by Spc. Carrie L. Fotovich

The Fort Carson Mounted Color Guard presents the colors during the 3rd Armored Cavalry Regiment's departure Ceremony Feb. 4 at Pershing Field.



Photo by Spc. Cecile Cromar

Soldiers of the 3rd Armored Cavalry regiment look sharp during their pass in review. Major Gen. Edward Soriano, commanding general, 7th ID and Fort Carson, and Col. Christopher Baggott, commander, 3rd ACR, were the reviewing officers.



Photo by Spc. Carrie L. Fotovich

The 3rd Armored Cavalry Regiment conducts the pass-in-review at the regiment's departure ceremony at Pershing Field Feb. 4.



A career counselor’s perspective on retention

**Commentary by Master Sgt. David Jerrow
Senior Career Counselor
43rd Area Support Group**
Chief Warrant Officer F.C. “Pappy” Badder recently wrote an article entitled “3rd ACR true Army retention success story.” In that article a counselor from the 3rd ACR was quoted as saying, “We’re the best in the west. There is not a regiment, not a brigade, not a group that can compete with us.”

It is in the opinion of this career counselor that retention cannot be looked upon as competition between units. Retention of soldiers is not a football game. Retention is a very personal activity to be approached and accomplished, or not accomplished, one soldier at a time.

No two units can be approached in the same manner. Each unit is comprised of a number of soldiers belonging to various Career Management Fields. Twelve years in the retention business have taught me that the needs and desires of soldiers in one Career Management Field, for example CMF 19, will often vary dramatically from those of, say, a CMF 95 soldier. It is also an unfortunate truth that

the Army simply cannot in every case present soldiers a more attractive offer than certain civilian organizations or even another government agency. The fact is soldiers will separate from the Army. We cannot keep them all. Can success still be measured by these soldiers? If, over the months and years that follow, they recall and comment positively about their Army service, then we, as leaders, were successful.

Statistically speaking, this installation has always had a good retention rate. This has been accomplished through the unified efforts of major subordinate commands and separate units. A quick look at three units, which combined initial term, mid-career and reserve components accomplishments, show that our overall success rate has stayed constant over the past three fiscal years:

Units	FY97	FY98	FY99	1st QTR FY00
3rd BCT	122%	105%	102%	95%
3rd ACR	106%	108%	123%	117%
43d ASG	111%	114%	107%	113%

Once again, we cannot let this become a football game of sorts. Together we accomplish the assigned missions. No one commander or counselor can make or break a retention program. How many times have the above units changed commanders and counselors over the indicated periods?

I would like to conclude by giving credit where credit is most due. Thank you to the squad leaders, platoon leaders and platoon sergeants, company commanders and first sergeants, battalion commanders and command sergeants major. These are the individuals who care for America’s sons and daughters on a day-to-day basis. These are the individuals who sell the benefits and privileges of being a soldier each and every day. Because of their professionalism and pride in serving this Army, our profession of career counseling is a real joy.

The career counselors of the 43d Area Support Group congratulate the leadership of Fort Carson for helping us, as an installation, to be the success that we have been. Because of you, the successful retention of soldiers will continue for many years to come.

Cooks of 1st Bn., 12th Inf., winners of Connelly

1st Battalion, 12th Infantry
When pondering the time spent in the field and deployments of infantry soldiers, many have thoughts of the soldiers’ training in preparation for combat operations or maneuvering under fire conditions. Other soldiers, crucial to the morale of those in the field, are often overlooked — these are the cooks assigned to the unit. Soldiers, deployed or in the field, enjoy the break from meals ready-to-eat, that cooks provide by making hot meals. In order to recognize these cooks, the Connelly award is presented to the Fort Carson unit which has

the best field-feeding kitchen. Cooks assigned to 1st Battalion, 12th Infantry, received the award Jan. 13, for their work, feeding soldiers. Next up for these soldiers is the Forces Command Connelly competition in late April. This trophy will go to the best cooks, Army-wide. The cooks of 1st Bn., 12th Inf., are already training for the upcoming competition. Having distinguished themselves as the best cooks of the Mountain Post, the cooks of the 1st Bn., 12th Inf., are ensuring they will be ready to leave their mark as the best cooks in the Army.



Courtesy photo
Cooks of the 1st Battalion, 12th Infantry, display their award from the installation Connelly Competition.

Staying Army

USAG
Master Sgt.: Edgar Allen. *Sgt. 1st Class:* Edward Meagher, Eston Walton. *Staff Sgt.:* Brian Selck, Doyal Daniel, William Clark, Barry Arnold, Nathaniel Knox. *Sgt.:* Matthew Hagedor, Michael Bridgem. *Spc.:* Alexander Ramos, Jason Leasebu, Ricardo Martinez.

3rd ACR
Sgt. Maj.: John Sparks. *First Sgt.:* Leonard Kuhlenschmidt. *Master Sgt.:* Rollie Russell. *Sgt 1st Class:* Darryl Pritt, Chet Solomon, Bruce Taylor, Alan Marks, Cynthia Whitfield, John Weber. *Staff Sgt.:* Gregory Grayson, Ronald Mitcham, Richard Hawk, Michael Hermann, Michelle Johnson, Bradford Killebrew, Mark Laury, Darrell Mitchell, Andrew Trouchuck, Joey Higgs, Gerry Blackwell, Gregory graves, Alexander Calinagan, Mark Chamberlain, Barbara Stanford, Kim Bradshaw. *Sgt.:* Mark Teal, ~~Tommy~~, ~~Susan~~, Robert Featherstone, David Hasenfratz, Heath Wagner, Kelly Hale, Roderick Calumpong, Michael Gonzales, Robert Fensler, Michael

Navarro, Scott Smith, Dennis Burns, Dedy Arman, Anthony Rodriguez, ~~Alfredo~~ ~~Rios~~, Aaron Wilson, John Mason. *Spc.:* Jacob Covert, Angel Lopez, Christopher Perkins, ~~Brylyn~~ Johnson, Dallas Wright, David Crawley, Matthew Kunkel, Tischa ~~Hall~~~~morison~~, Shawn Thomas.

3rd BCT
Sgt. 1st Class: Robin Hawk, Leroy Gardner, Destel Simmons. *Staff Sgt.:* James Mefford, Michael Schaeffer, Myron Kennedy, Robert Ayers, Michael Ward, Steven Phalen, James Quick, Alfred Burke, Gregory Taylor, Peter Szendrodi, Bernard Wilson. *Sgt.:* Steven Peterson, Jeremy Ellis, Michael Lomax, Michael Lewis, Richard Wesch, Randy Johnson, James Love, Michael Ritter, John Harris, Rodney Junkins. *Spc.:* Marshall Henry, William Bunch, Ivan Goff, Shadd Sparks, Geoffrey Moore, Billy Green, Paul Meachem, Jim Braegelmann, Rohan Brown, Brian Witcher, Lance Duensing, Sanchez Barzan, Nathan Latelers, Kareem Abdlaziz, Wedmaier Thenor, Kevin Lucier.

43rd ASG
Master Sgt.: Thomas Kist. *Sgt. 1st Class:* Michael Sallard, John Hale, Catherine Satow, Kenneth Myers. *Staff Sgt.:* Ryan Hayes, Thomas Baltazar, Paul Pijuan, Mark Easley, Robert Williams, Dayne Miller, Doris Mason, Linda Mattison. *Sgt.:* Brian Harrison, Dorian Williams, Shawn Christian, Donald Geuea, Fanny Tacury, Marcia Barr, Todd Teeuwe, Clay Womack, Wyletta Makinen, Angel Oquendopadro, Wilbert Alvarado, Diana Sternerthreatt. *Spc.:* Michael Boyett, Jason Manthe, Gregory Roush, Tiffany Miller, Freddie Harrison, Jamie Denmark, David Feenstra, Randal Parker, Gregory Willis, Janet Grimm, Lashawan Bogues, Scott Duncan, Brad Russell.

MEDDAC
Sgt. 1st Class: Elaine Bruno, John Thomas, Kevin Williams. *Staff Sgt.:* Steven Vargas, Kim Walker, Ginger Crawford. *Sgt.:* Angel Delgado, David Schlafer. *Spc.:* Shem Webler.

Local high school students nominated to enter U.S. military academies

Joel Hefley press release
WASHINGTON - Colorado Congressman Joel Hefley announced the 5th Congressional District nominees to the U.S. Air Force, Merchant Marine, Military and Naval Academies for the class entering in 2000, Feb. 2. “I’m very pleased and confident about the potential of these students to secure appointments at the service academies,” Hefley said. “It is an honor to nominate these extraordinary individuals, and I wish them the best of luck as they move forward in the process.” Candidates for the academies are

evaluated on various factors including school records, junior class rank, scholastic aptitude test scores, leadership potential, extracurricular activities, athletics and recommendations. The following is a list of local nominees:
U.S. Air Force Academy
Corban Bryant, Michael Deneff, Kirsten Kilbourn, Lewis-Palmer High School; Steven Dove, Rampart H.S.; Taylor Greenwood, Ponderosa H.S.; Marshall Meringola, Colorado Springs Christian H.S., and Jean Thomas, Cheyenne Mountain H.S.
Merchant Marine Academy

Jason Bibler and Matthew Moosey, William J. Palmer H.S.; Rachel Fitzpatrick, Coronado H.S.; Terry Gorackzowski, Saint Mary’s H.S.; Ryan Johnson, Doherty H.S.; Isaiah Muenzberg, Florence H.S.; Randi Olin, Fountain H.S. and Randolph Robinson, II, Harrison H.S.
Naval Academy
Kathryn Fosha, Scott Lisula, and Aaron McIntire, Rampart H.S.; Rebecca Lambert and Beau Wielkoszewski, Cheyenne Mountain H.S.; David Habben, Christopher Reynolds and Kyle Slack, Roy J. Wasson H.S.; Lee

Alexander, Coronado H.S.; Davin Anderson, Air Academy H.S.; Joshua Chevalier, Doherty H.S.; Alexander Cole, Mesa Ridge H.S.; Shannon Webber, Fountain-Fort Carson H.S. and Joshua Whalen, Harrison H.S.
West Point
David Goodale, Helene LaValley and Asia Mays, William J. Palmer H.S.; Thomas Getz, III, Coronado H.S.; Grace Kelley, Lewis-Palmer H.S.; Erick Paul, Mesa Ridge H.S.; Steven Perez, Widefield H.S.; Tracy West, Colorado Springs Christian H.S. and Tom Williams, Rampart H.S.

Show me the money

Smart shopping — what to buy and when to buy it

by Staff Sgt. Daniel J. Hunnell,
1st Battalion, 8th Infantry

The following information is provided to start you thinking about future purchases. Certain items are traditionally discounted by department stores, retailers and merchants during the months indicated.

If you are planning to buy a certain item why not arrange your purchase when you can save the most money. This will make you a wiser consumer. Save this announcement, it could be useful throughout the year.

JANUARY				
appliances	bicycles/toys	blankets	books	refrigerators
dishes	furniture	handbags	housewares	toiletries
carpets	sportswear	stereos	water heaters	infant wear
FEBRUARY				
cars (used)	bedding	furniture	silverware	glassware
drapes	lamps	dishes	men's shirts	housewares
MARCH				
hosiery	luggage	washers	clothes dryers	skates
ski equipment	infant wear			
APRIL				
dressess	ranges	men's suits	infant wear	clothes dryers
MAY				
linens	TV sets	carpets	handbags	blankets

JUNE				
TV sets	furniture	dressess	frozen foods	building materials
JULY				
bathing suits	freezers	appliances	clothing	infant wear
carpets/rugs	handbags	men's shirts	toiletries	sports equipment
air conditioners				
AUGUST				
furniture	men's clothing	rugs/carpetss	housewares	air conditioners
bedding	bathing suits	paint	curtains/drapes	garden equipment
				camping equipment
fans	furniture	furs	hardware	
SEPTEMBER				
cars (new)	bicycles	china	furniture	children's clothes
rugs/carpetss	paint	lamps	housewares	garden equipment
OCTOBER				
glassware	silverware	bicycles	china	fishing equipment
NOVEMBER				
blankets	cars (used)	ranges	men's suits	water heaters
bicycles	children's clothes			
DECEMBER				
blankets	cars (used)	men's clothing		children's clothes

Dining Schedule

Weekday Dining Facilities		
A La Carte Facilities		
3rd ACR CAV House (building 2461) 43rd ASG Cheyenne Mtn. Inn (building 1040) Butts Army Airfield (building 9612)		
Standard Facilities		
3rd ACR Patton House (building 2161) 10th Special Forces Group (building 7481)		
Weekday Meal Hours		
Mon., Tue., and Wed.	Thurs.	
Breakfast	7:30 to 9 a.m.	5:30 to 7 a.m.
Lunch	11:30 a.m. to 1 p.m.	11:30 a.m. to 1 p.m.
Dinner	5 to 6:30 p.m.	4 to 5:30 p.m.

Week of Feb. 12 to Feb. 18

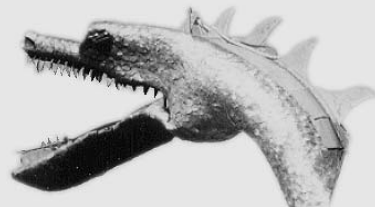
Exceptions
• Butts Army Airfield Dining Facility is open for breakfast and lunch only.
• Iron Bde. Dining Facility will be closed Feb. 4 through March 2.
• 10th SFG (A) meal hours are the same Monday through Thursday.
• The Mountaineer Inn is closed until further notice.

Family members are cordially invited to dine at Fort Carson Dining Facilities.

Weekend and Feb. 18 Training
Holiday Dining Facilities

3rd ACR CAV House (building 2461) 3rd ACR Patton House (building 2161) 43rd ASG Cheyenne Mtn. Inn (building 1040)	
Saturday and Feb 18 Training Holiday Meal Hours	
Breakfast	8 to 10 a.m.
Lunch	11:30 a.m. to 1 p.m.
Dinner	4 to 6 p.m.
Sunday Brunch/Supper Meal Hours	
Brunch	9 a.m. to 1 p.m.
Supper	3:30 to 6 p.m.

The Breakfast Attack is coming ...



Sports & Leisure

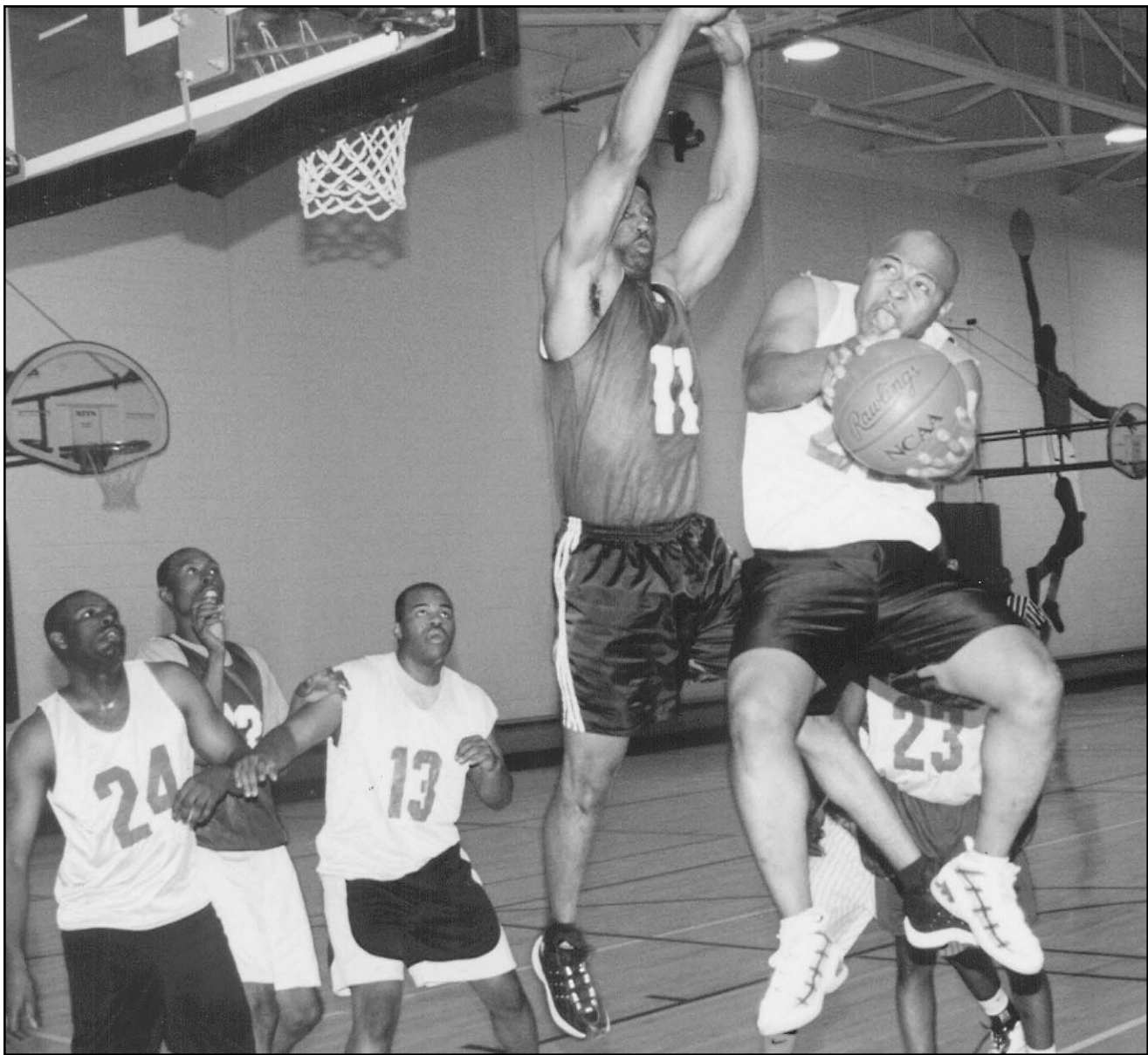


Photo by Walt Johnson

571st forward Walt Burnett attempts to score over the defense of 183rd Maintenance's Lewis Mallory during intramural action Monday at Waller Physical Fitness Center

Mountaineer Game of the Week

571st ACR holds off late 183rd Maintenance rally to win 36-34

by Walt Johnson
Mountaineer staff

The 571st Maintenance Company got out to a big lead and then held off a furious charge by 183rd Maintenance Company to capture a 36-34 victory Monday at Waller Physical Fitness Center in the *Mountaineer* Game of the Week.

The first half of the game was played on even terms, for the most part, with neither team able to take more than a five-point lead throughout. As half-time approached the 571st was able to open up the biggest lead of the half at 21-13 with a little more than 10 seconds remaining. After 183rd missed a shot that would have cut into the lead, the teams went to halftime with 571st clinging to its eight-point lead.

Early in the second half the 183rd team made a run at the 571st in an effort to keep its undefeated season alive. With just over eight minutes left in the half, 183rd pulled to within two points at 29-27 as Lerone Powell found Lewis Mallory under the basket for a lay up.

The 571st caught a huge break when Steve Watters caught an errant three-point field goal attempt and put the ball in the basket to give the 571st a four-point lead at 31-27. Greg Adams answered that basket for 183rd Maintenance to again pull the 183rd within two points at 31-29 with just over seven minutes remaining in the game.

At the six minute 40 second mark, Derrick Jackson hit his a jump shot to give the 571st a four point lead at 33-29. The 183rd team turned the ball over on the next possession and the 571st had a golden opportunity to widen the spread but couldn't con-

vert on the opportunity.

The 183rd's Adams scored on his team's next possession, to cut the lead to two points at 33-31 with over four minutes left in the game.

Neither team would score a point over the next two and a half minutes of the game but that set up what would prove to be a dramatic end to an exciting game. With one minute and 40 seconds left in the game 183rd finally got the lead when Adams hit a three-point field goal to give the 183rd a 34-33 lead.

The 571st's Watters was fouled on the next play and made one of two free throws to tie the game at 34 at the one and a half minute mark.

Neither team would score again until the 35-second point of the game when 571st's Derrick Lemon went to the free-throw line and hit two free throws to give his team a two-point lead at 36-34. That would prove to be the game-winning free throws as both teams blew scoring opportunities for the next 33 seconds.

Again there was a chance for a fantastic finish as 183rd inbounded the ball for a throw in with two seconds left in the game. 183rd coach Harrold Lynch designed a play to get the ball into the hands of Powell, who had already scored 10 points in the second half to fuel the 183rd's comeback. Lynch put all his players in the frontcourt and instructed his inbound passer to look for a streaking Powell with the throw in toward 183rd's basket. The pass was just a shade too long for Powell and it went off his fingertips and out of bounds insuring the 571st its fourth victory of the year and the first defeat of the year for 183rd.

Intramural Basketball Standings (as of Feb. 8)

Garcia PFC

	Wins	Losses
HHC 4th Eng	8	1
Bravo 1/12	6	1
534 Signal	5	2
64th FSB	5	2
Charlie 1/12	4	5
Charlie 3/29	3	7
Alpha 3/29	2	8
Services 3/29	1	3
Charlie 1/44	1	5
Alpha 4th Eng.	1	6
Dining Facility	0	8
Charlie 4th Eng	0	0

McKibben PFC

10 SFG	10	1
32nd Trans	9	1
59th QM	9	2
984th MP	9	3
S&T Troop	8	3
HHT Support Sq.	6	5
4th Finance	5	5
HHC USAG	4	6
SJA	3	7
2nd HET	2	4
360th Trans	1	5
MEDDAC	1	9
60th Ordnance	0	10

Waller PFC

HHT 1/3	5	0
E Troop	4	1
F Troop	4	1
HHT 2/3	5	2
66 MI	5	2
HWB 2/3	4	2
HWB 1/3	5	4
I Troop	2	3
B Troop	2	5
G Troop	2	6
Maint Co.	0	1
29 ITRP	0	1
M Company	0	3
D Company	0	3
K Troop	0	5

Mountaineer Top 12

1. HHB 3/29
2. 10th SFG
- 3 HHT 1/3
4. HHC 4th Engineers
5. Eagle Troop
6. 32nd Transportation
7. 59th Quartermaster
8. 984th MP
9. S & T Troop
10. F Troop
11. Bravo 1/12
12. 571st 4/3 ACR

All-Army wrestling team selected for Tuesday's trials

by **Walt Johnson**
Mountaineer staff

It was exciting competition and in the end 14 soldiers saw their dream of representing the Army at this year's interservice wrestling competition become a step closer to reality as they qualified for Tuesday's wrestle-off against the World Class Athlete team wrestlers.

Tuesday the 14 wrestlers will meet competitors from the WCAP program at 9 a.m. at the Post Physical Fitness Center for the right to go to Pensacola Fla., March 16 to 19 for the interservice wrestling championships.

Representing the All-Army team at Tuesday's event will be Fort Bragg's Jamie Harris and Paul Collier; Fort Hood's Orlando Rosa and Corey Hamilton; Germany's Donald Fleitz; Fort Sill's Paul Devlin; United States Army Europe's Jason Tolbert; Fort Campbell's Marcese Nelson and Fort Carson's Eric Ivins, Robert Allen, Anthony Wilkes and Ron Muir.

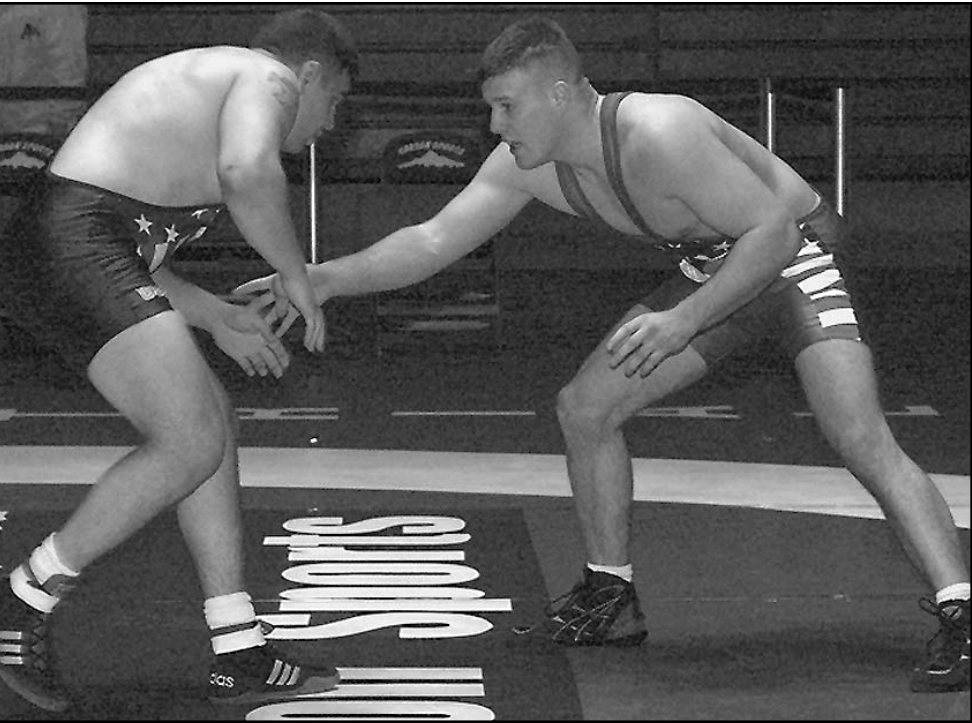
According to All-Army wrestling coach Louis Jackson, this year's competition should be the best in years since the All-Army team has a number of talented wrestlers ready to match their skills against the WCAP wrestlers.

Jackson said he is looking forward to a number of his athletes earning a spot on the team that will travel to Pensacola, Fla.

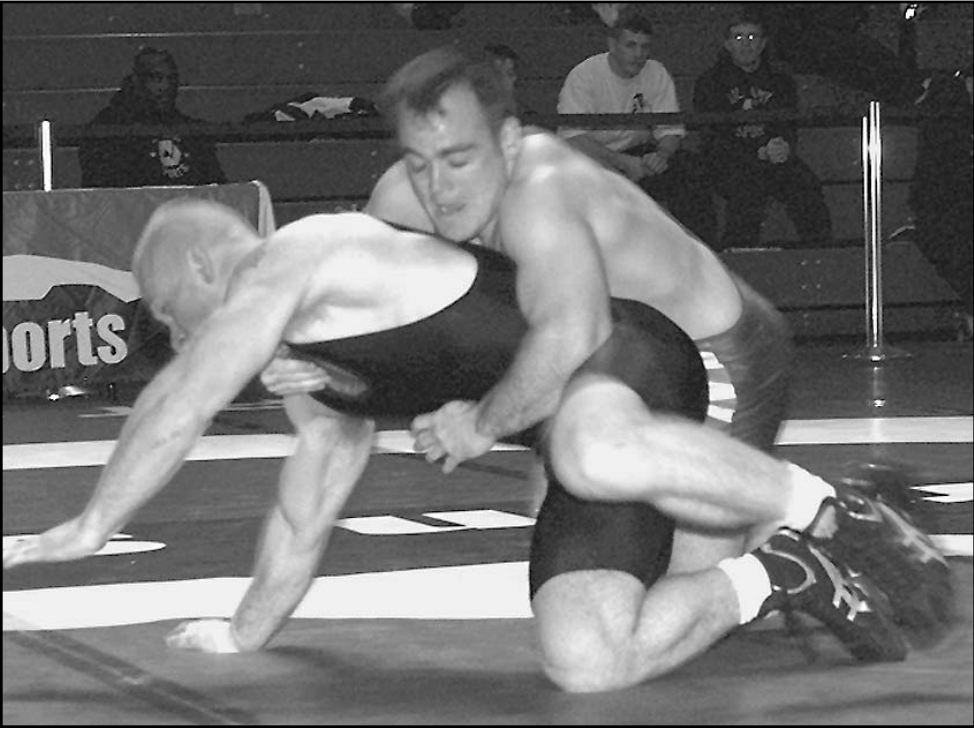
"We have a number of guys from the All-Army team that should make the trip to Florida. We think the all-Army team will be very competitive against the WCAP wrestlers," Jackson said.

Based on the results of the all-Army trials all of the wrestlers showed they belong with the elite athletes, but three athletes really stood out at the trials and should bear close watch.

Ivins, Collier and Rosa will be tough competitors Tuesday and will be very difficult to beat.



William Simpson, right, prepares to lock up with Lawrence Pirttino during their All-Army wrestling match Feb. 4 at the Post Physical Fitness Center.



Bruce Robinson puts a bear hug on Brian Collier during their match at the all-Army trials Feb. 4.

Photos by Spc. Cecile Cromartie

Mouthguard program promotes fitness, saves teeth

by Walt Johnson
Mountaineer staff

Two basketball players jostle under the basket for rebounding position in the non-contact sport of basketball and as they raise their arms to go after the ball, one of the players hits the other in the mouth and jars one of his teeth loose.

A weight lifter is in the process of lifting 300-plus pounds and through the sheer force needed to lift the weight, grinds his teeth.

A racquetball player is enjoying a great game and is one point away from winning when the opponent's racket hits him in the mouth knocking out a couple of his teeth.

What do these three things have in common? Each is a devastating injury that may have been prevented had the athletes been using mouthpieces while they were taking part in their chosen competition. To this end the Dental Activity here has expanded on a program that should help soldiers keep their teeth intact and prevent injuries.

Dr. (Lt. Col.) Daniel Lavin, preventive dental officer and dental outreach program director at the Larson Dental Clinic, said the unit is attempting to limit sports injuries to a person's teeth by making the mouth guard program available to the post sports community.

"We're trying to provide services other than strictly dentistry work such as cleaning, fillings and things like that. We want people to understand the importance of preventive dentistry as well. One of the things we are stressing is the mouthguard program because of the different types of trauma we see, such as fractures of the teeth. The Academy of General Dentistry advises people in contact sports, including

sports like weight lifting, to wear mouth guards to protect their teeth," said Larson.

Lavin said one of the main reasons people should consider wearing a mouth guard is that the cost of replacing even one tooth that could be injured.

"The cost of replacing one missing tooth can easily approach \$1,500 to \$2,000 dollars if the tooth is knocked out and a bridge is needed to replace it. So, for 84 cents and 15 seconds we can provide the athlete and soldiers with a custom made mouthguard that will give them the protection they need."

The dental unit has been making itself available at the Mountain Post Wellness Center

Wednesdays from 1 to 2:30 p.m. to fit people who need a mouthguard. Lavin and his people then came up with an idea that would extend their reach to more people by going to the different fitness facilities on post. The results of their efforts Feb. 1 through Sunday were outstanding. During this period the unit saw fitted than 100 people with mouthguards.



Photo by Walt Johnson

William Fitzgerald, right, and Spc. Ricardo Carino, back, look on as Spc. John Checki, left, fits Kimberly Fitzgerald with a mouthguard at Forrest Fitness Center Sunday.

"I felt if we went to the fitness centers we would have access to the athletes we want to be using the mouth guards. In the four days we were there, we made more than 120 mouthguards."

Anyone interested in more information on the mouthguard program or wishing to get a mouthguard should contact the DENTAC office at 526-3330.

On the Bench

Post soccer team takes second in Springs tour-

by Walt Johnson
Mountaineer staff

Monday, we got to look straight in the face of reality when a truly outstanding man, who happened to be a pretty fair football player, passed away at the all too young age of 33.



Johnson

The Kansas City Chiefs Derrick Thomas passed away from the injuries he sustained in an automobile wreck nearly three weeks ago. No need to go into any discussions about how great a player this future hall-of-famer was. Nor is there any reason to talk about what the loss of a great man like Thomas will mean to the Kansas City and national scene, anyone who knows anything about Thomas knows that.

A great lesson we can learn from the untimely death of Thomas is not to take anything or anyone in your life for granted. If you haven't told someone you love that you love them do it today.

If you haven't resolved to make your life better for others around you, resolve to do so now. We all think we have a lot of time left to do things we should do today. I ask you to think of

this as you go through the rest of your life, 'live each day as though it will be your last, one day you will be right!'

Rest well Derrick.

The post soccer team finished second in a weekend tournament in Colorado Springs.

The team finished second in the Pride Soccer Club six-on-six-soccer tournament.

Post soccer team coach Ben Stancati said the tournament was a "very good warm up for the upcoming National Cup tournament and Spring 2000 Colorado Springs outdoor league play."

The post team played back-to-back games Saturday and beat Club A 10-2 and tied with the Pride Coaches team at five goals apiece.

The victory and tie was enough to get the post team to the championship game when the team they were to play on Sunday for the right to go to the championship game, Aztec's, forfeited the match by not showing up at game time.

The post team had to fight back from a 3-1 deficit at one point in the championship game and did so, gaining a tie at four goals apiece. The score stayed that way until two minutes were left in the game when Club A's Chris Delgado booted home the winning



Photo by Walt Johnson

Forrest Fitness Center aerobics instructor Penny Bullard leads a workout Feb 6. Aerobic classes are held Monday through Thursday at 4:30, 5:30 and 6:30 p.m.; Friday at 5:30 and 6:30 p.m. and Saturday at 9:30 and 10:30 a.m. For more information on aerobic classes call Forrest at 526-2706.

goal.

Stancati said the overall effort by his team was commendable, especially since the team played short-handed.

"Our roster has been severely

thinned out due to the two major deployments. Second place in a local tourney is an excellent start to what might just be a good spring and summer season."

Mountaineer Sports Spotlight

The post swimming team continues to post impressive victories this season. In a meet Saturday in Denver Mark Higgins, right, front, won two gold medals. Higgins is shown in the water at post indoor pool with teammates, left to right, Brandi Bragg, Michelle Perez, Shannon Higgins, Jenni Jones and Tyler Davis.

The team is still looking for members to join the team. Anyone interested in being a member of the swimming team should come to practices Monday through Friday from 6 to 8 p.m. and Saturdays from 7 to 9 a.m. or call the Indoor Pool at 526-3107.

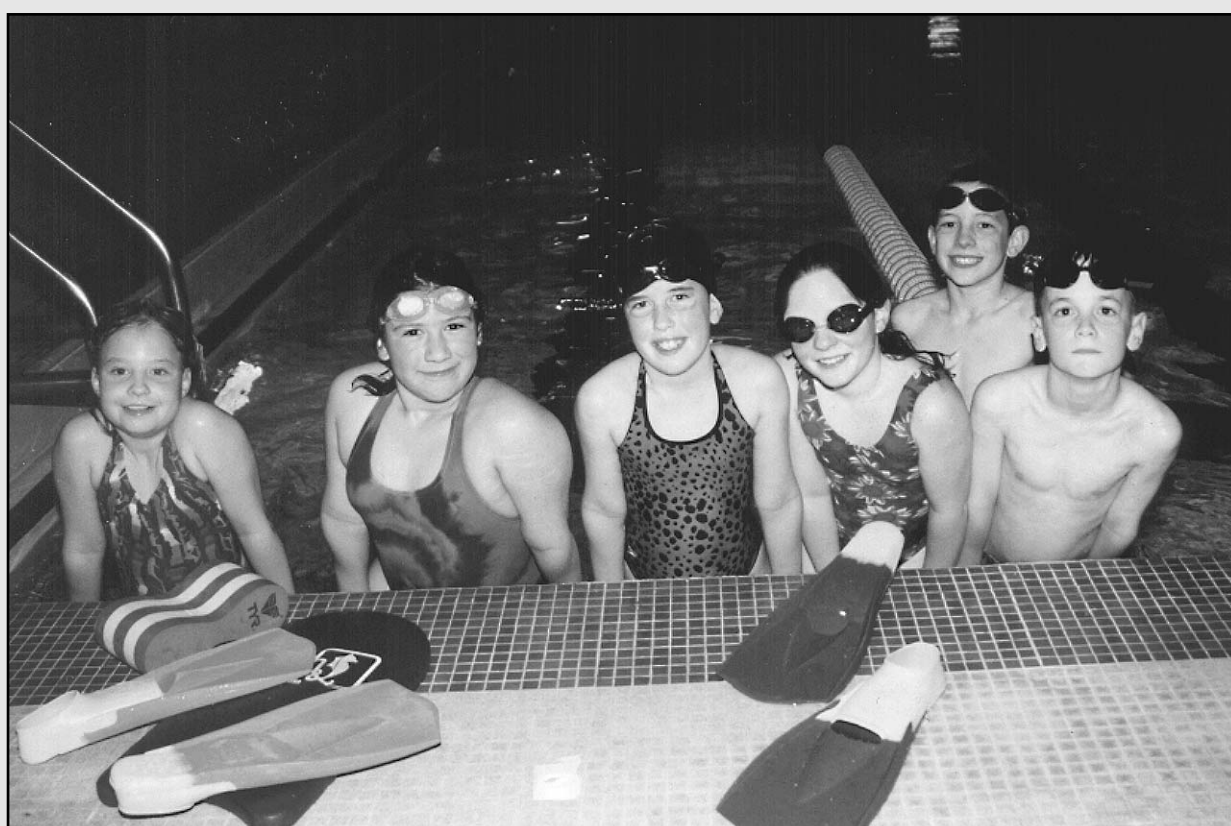


Photo by Walt Johnson

World Figure Skating Museum and Hall of Fame is nearby



lympic hopeful figure skating athletes have trained in the

Colorado Springs area for many years. There's a rich history of ice skating here, mostly connected with the Broadmoor Skating Club.

For years the Broadmoor Skating Club was at home in an ice rink behind the Broadmoor Hotel. But the Broadmoor ice rink was razed a few years ago.

In 1995 a new ice hall was built — just south what is now the Colorado Springs World Arena.

The Broadmoor Skating Club as

well as skaters from the Olympic Training Center practice at the ice hall.

Perhaps appropriately, the World Figure Skating Museum and Hall of Fame is located in the Broadmoor area, where figure skating was prominent for so many years.

The museum is one block north and another block east of the Broadmoor Hotel.

The U. S. Figure Skating Association National Headquarters is located adjacent to the museum.

The museum was opened in 1965 at its present site. The 10,000 square-foot exhibition hall includes a library and scores of championship trophies, in addition to the museum space.

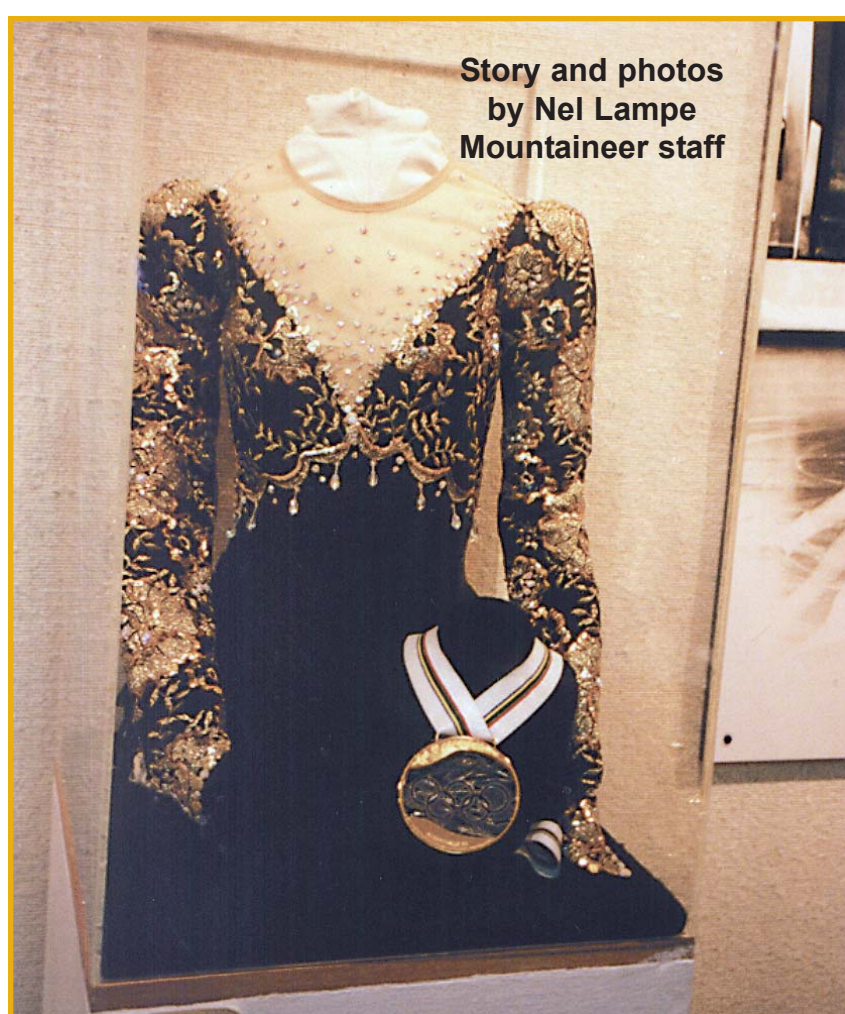
Although ice skating had existed in Europe for some time, skating as known today is because of an American, Jackson Haines. In the United States, ice skating and dancing became very popular just prior to the Civil War. But the skating style was quite stiff. Pictures from that era depict people skating while wearing hats and long coats.

Haines was quite skilled

and gifted, combining skating and dancing in his movements. His skating met with disapproval in many circles, although he won the American championships in 1863 and 1864 — equivalent to winning the U. S. Figure Skating Championships of today.

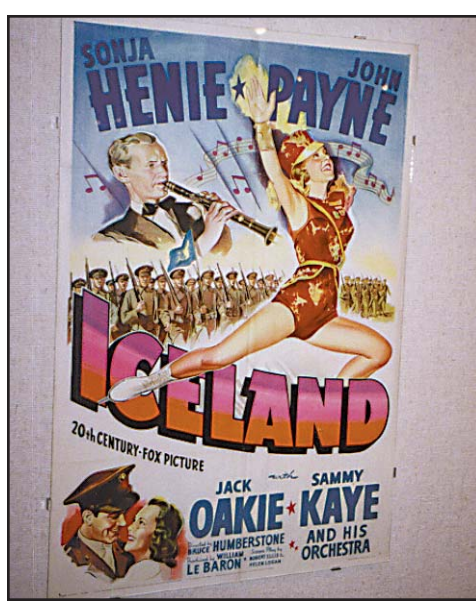
Haines went to Europe where he was quite popular and successful as a skater, and established the

See Skating, Page B2



Story and photos by Nel Lampe Mountaineer staff

Kristi Yamaguchi's skating costume and gold medal from the 1992 Olympics are displayed in the Figure Skating Museum.



Sonja Henie starred in several movies, many with an ice-skating theme.



A statue of figure skaters is displayed in front of the trophy display.



An elaborate costume worn by three-time Olympic gold medalist and movie star, Sonja Henie, is displayed.

Fort Carson's



A pull-out section for the Fort Carson community

February 11, 2000

Skating

From Page B1

“International Style of Figure Skating.” It was nearly 40 years before Haines’ skating style started to become popular in America.

Visiting the museum is the way to learn about the history of ice skating. Some form of ice skating has been around since 800 B.C. when people tied animal bones to their feet in order to slide across the ice as a means of transportation.

By 200 A.D. Scandinavians were “ice sliding” on iron skates. By the Middle Ages skating took place in several countries.

Many examples of historic skates from the 17th to 20th century are in the collection displayed in the skating museum. Early skates



Skates which seem to come from the pages of a fairy tale are part of the large collection of skates in the museum.



“Nicole’s Layback” is a statue in the skating art display of the Figure Skating Museum.

seem primitive — ranging from nearly two-feet long wooden contraptions with a blade underneath, to those with blades that curled above the foot — like something out of Hans Christian Andersen’s fairytales — which date to 1840.

Examples of children’s shoes from the 18th century are displayed. The shoes had circular blades attached and were known as “ice walkers.”

The museum has an extensive collection called “Skating in Art.” The collection includes works from the 17th to 20th centuries, such as skater figurines, skating scenes on porcelain plates and vases, as well as paintings and sculptures.

The art collection of three-time Olympic Champion Gillis Grafstrom of Sweden is in the museum.

Other collections in the museum include skating costumes, medals, photographs, posters and illustrations depicting some of the moves in figure skating.

For instance, Scott Hamilton’s gold medal from the 1984 Olympics is displayed in the Hall of Fame, along with some of his medals, photographs and a costume.

Kristi Yamaguchi’s gold medal and skating costume from the 1992 Olympics are also on display as is Tara Lipinski’s skating costume from the Nagano Olympics.

Visitors can learn where the names for skating moves came from, such as the Axel, Salkow and Camel as well as other skating trivia.

For instance, when was the Zamboni machine invented and why?

Drawings depict the historic timeline of figure skating. Videos explain movements and show winning moments in skating.

A special display is in tribute to “Skate America,” in which costumes of Scott Davis, Brian Bortano, Michelle Kwan, Todd Eldredge and Jill Trenary (of the Broadmoor Skating Club) are displayed, along with other skating stars.

A memorial on the bottom floor is in tribute to the 1961 U. S. Skating team. The entire team was killed in a plane crash near Brussels.

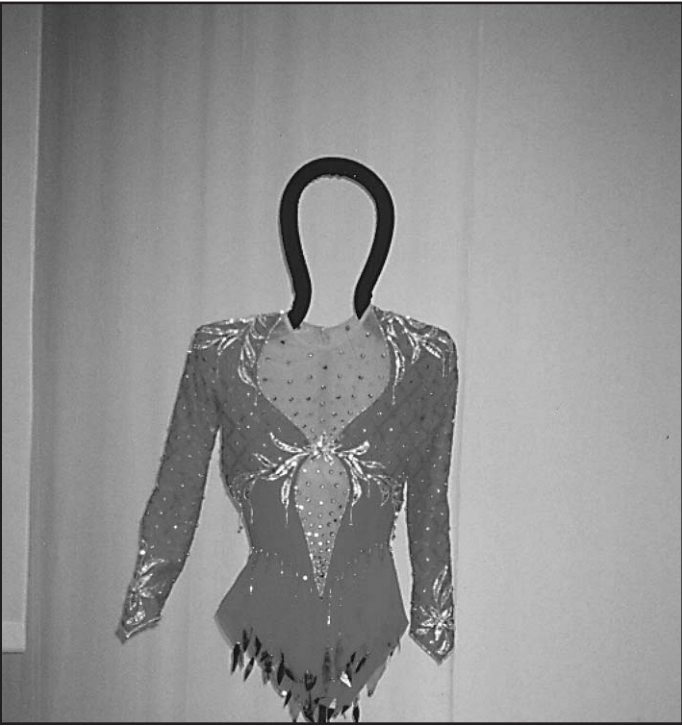
The gift shop sells a selection of skating memorabilia, such as skating dolls, pins, Russian lacquer boxes, posters, T-shirts and postcards. Ice skater paper dolls are sold, as well as inspirational books by Tara Lapinski and Michelle Kwan.

The World Figure Skating Museum and Hall of Fame is located at 20 1st Street, near the Broadmoor Hotel. It is open from 10 a.m. until 4 p.m. weekdays weekdays. In the summer it is also open on Saturdays.

Entry to the museum is \$3 for adults and \$2 for children ages 6 to 12. Those under 6 get in free.

To reach the museum from Fort Carson, take Highway 115 north to Lake Avenue/Broadmoor exit. Go left on Lake Avenue until reaching 1st Street — about a block before the hotel. Go north to the museum.

There is a small parking lot at the museum.



ABOVE: A costume worn by Jill Trenary, who skated with the Broadmoor Skating Club, is part of the Skate America display. BELOW: Costumes worn by Michelle Kwan and Todd Eldredge are in the Skate America display.



Just the Facts

• Travel time

20 minutes

• For ages

all

• Type

Museum

• Fun factor

★★★ (Out of 5 stars)

• Wallet damage

\$

\$

= Less than \$20

\$\$

= \$21 to \$40

\$\$\$

= \$41 to \$80

(Based on a family of four)



The U. S. Figure Skating Museum and Hall of Fame is near the Broadmoor Hotel.

Community Events

Family Readiness Center

Army Community Service, building 1526, is closed Feb. 18 and 21 in observation of Presidents Day. For more information, call Donna Finney at 526-4590.

The Family Member Employment Assistance Program offers a Standard Form 171 and Optional Form 612 Workshop Feb. 23. The forms are the basic applications for federal employment. For registration and additional information, call 526-0452.

The Family Member Employment Assistance Program will conduct a workshop on "Marketing your Volunteer Experience for a Paid Position" Feb. 22, from 1 to 2 p.m. The workshop provides insight into translating volunteer experience into a winning resume and portfolio. For registration or more information, call 526-0469.

The Family Member Employment Assistance Program is seeking an individual to fill the "Resume, Standard Form 171 and Optional Form 612 Counselor" contract position. Anyone who would like to submit an application should contact the Directorate of Contracting Office at 526-5035. For general information about the contract position, call 526-0452.

The Family Employment Assistance Program conducts a workshop conducts an interviewing skill workshop Tuesday from 1 to 3 p.m. The workshop includes many points on interviewing techniques and styles of interviews. For registration and information on this and other workshops, call 526-0469.

The Family Member Employment Assistance Program sponsors a recruiting day for Staffing Solutions Feb. 22 from 8:30 to 11:30 a.m. For more information, call 526-0452.

Miscellaneous

Fountain-Fort Carson School District Eight needs substitute secretaries and special need para-educators. Secretaries need to pass a typing test at 45 words per minute. Para-educators need to have the ability to care for special need students. Anyone interested should pick up an application at the Administration Office located at 425 W. Alabama, Fountain.

TOPS (Take Off Pounds Sensibly) meets every Tuesday at Grant Library. Weigh-in is from 5:30 to 6:15 p.m. and the meeting begins at 6:30 p.m. New members are always welcome. For more information, call 392-8582 or 260-8584.

The next sealed bid auction is Feb. 23 and 24 from 10 a.m. to 5 p.m. The viewing and bidding is done at that time only. The bidding is open to Active Duty military, retirees and DOD civilians who have a valid ID card. For more information, call Travis L. Horn at 524-1146.

Army Community Services and Family Advocacy Program sponsors "Living with 10-to-15-year-olds," a new program consisting of a series of workshops held alternate months on Tuesdays from 6 to 8 p.m. at the Family Readiness Center, building 1526. The next workshop, "Understanding Early Adolescent Behavior," is Tuesday. For more information or to sign up, call 526-4590.

Any family currently living in privatized housing and receiving food stamps is asked to contact the Army Community Service Family Readiness Program. Because of the additional Basic Allowance for Housing being reflected on the Leave and Earnings Statement, in most cases, these families will no longer be eligible for food stamps. The Financial Readiness Program is currently trying to identify those families affected by these changes in order to provide information on other available resources. For more information, call 526-4590.

Pikes Peak Library District presents the Black History Festival Feb. 27 at the East Library and Information Center, 5500 N. Union Blvd. Visitors can enter to win special door prizes using their library cards. Free library card registration will also be offered. Refreshments will be served.

The Lone Feather Council holds its Valentine's Day Pow Wow Saturday from 6 to 9:30 p.m. at the McKibben Physical Fitness Center. Admission is free. Seating is limited. Lawn chairs are permitted. For more information, call Debbie Howell-Williams at 749-2633.

The Cheyenne Mountain Dental Clinic is sponsoring a "Have a Heart" day of dental exams and cleanings for children complete with X-rays and fluoride treatment Monday from 9:30 a.m. to 1 p.m. All these services are for a \$25 donation per person to be given to the Homeless Shelter Child Enrichment Center. To make an appointment, call 576-1730.

The Fort Carson Officers' Wives' Charitable Association is accepting applications from all non-profit requesting organizations for the year 2000. Send a letter of request by March 24 to: FCOWCCA, P.O. Box 12886, Fort Carson, CO 80913-2886.

The Fort Carson Family Action Plan is in need of delegates for the upcoming AFAP conference held Tuesday and Wednesday at the Elkhorn Conference Center. For more information, call 526-0461 or 526-4590.

National Consumer Protection Week is Monday to Feb. 20. This year's slogan is "Shopping Safely from Home." Information will be provided at the main exchange Monday to Feb. 20 from 9 a.m. to 4 p.m. For more information, call Mary Braxton at 526-4590.

The Temple Shalom Sisterhood's 22nd Annual Food-A-Rama is Thursday at 9:30 a.m. Traditional Jewish delicacies, baked goods and desserts will be sold. For more information, call 634-5311 and press 14 for Food-A-Rama.

Applications are being accepted for the Red Cross Volunteer Dental Assistant Program. Applications can be picked up at the Red Cross office, building 1526, room 272, Monday through Friday from 8 a.m. to 4:15 p.m. Application deadline is Feb. 11. For more information, call 526-2311.

The Pikes Peak Workforce Center sponsors an employer focus group Wednesday from 1 to 3 p.m. at the El Paso County Auditorium, 305 S. Union Blvd. The employer panel will address employment opportunities within the contract construction industry and will have representatives from G.E. Johnson Construction Company, J.D. Stewart, Keller Homes and Whitney Electric. For more information, call 574-5382.

Directorate of Resource Management Office conducts a sealed bid zone sale Feb. 24. Bids will be opened at 7:30 a.m. Any bids submitted after this time will not be accepted. Inspection of items is Thursday, Feb. 22 and 23 from 7 a.m. to 4 p.m. Bids are accepted during the inspection period. Items being offered include computer equipment, hardware, furniture, clothing, office supplies and more. For more information, call 526-6836.

The American Red Cross Health and Safety classes at Fort Carson are:

- First Aid and CPR Instructor Course, 16-hour course, Feb. 18 from 5 to 9 p.m., 19 and 20 from 8 a.m. to 5 p.m.
- Red Cross Babysitting Course, Feb. 19 and 26 from 9 a.m. to 1 p.m., building 1526.
- Community First Aid and Safety Course, Feb. 22, 24 and 29 from 6 to 9:30 p.m., building 1526.
- Community First Aid and Safety Course, Feb. 26 from 8 a.m. to 5 p.m., building 1526.

For more information about classes, call 524-1279.

The Fort Carson Officers' Wives' Club is accepting nominations for next year's board members. For board positions available and descriptions of duties, contact Jan May at 576-3581.

In order to provide the best possible service for Fort Carson customers, LB&B wants to ensure that customers are aware of its Quality Hotline. LB&B's Quality Hotline: 526-6690.

The Enlisted Spouses Charitable Organization meets the third Wednesday of every month at the Friendship House, building 1354, at 7 p.m. For more information, call 526-1053.

Questions about housing? Call the following numbers, management: OMNI at 226-2268, maintenance: Madison at 576-1026. For maintenance, management or anything else call 440-4175.

Due to illness, Maria Sofia Cassares, an employee of MEDDAC, needs annual leave donations to help cover her absence due to the exhaustion of her available paid leave. Civilian employees who would like to donate annual leave should contact Janis Milligan at 526-7248.

Due to illness, Carol L. Noble, an Army Community Service employee, needs annual leave donations to help cover her absences due to the exhaustion of her available paid leave. Civilian employees who would like to donate annual leave should contact Mary Jane Fletcher-Hermes at 526-4590.

Due to illness, Donna Roachford, an employee of Medical Department Activity, needs annual leave donations. Civilian employees who would like to donate annual leave should call Janice Milligan, 526-7248.

Youth

A ribbon-cutting for the grand reopening of Youth Services, building 5950, will be held Saturday from 10 a.m. to 2 p.m. Colonel Michael J. Kazmierski will be the guest speaker. Activities for the grand reopening will include dance classes, yo-yo demonstrations, arts and crafts, aerobics and more. For more information call Jay McKinney at 526-2680 or Darrilyn Young at 526-1239.

The Children's Hopes and Dreams-Wish Fulfillment Foundation is accepting names of children on Fort Carson who might be eligible for having a dream fulfilled. The foundation makes wishes come true for children with chronic or life-threatening illnesses. For more information, call (973) 361-7366.

Editor's note: The deadline for submitting "Briefs" to the Mountaineer is 5 p.m. Friday before publication date.

Military Briefs

Soldiers are reminded to visit the Community Homefinding Relocation and Referral Services office, building 7301, to update their waiting list information every six months. It is important that housing has good contact information in order to offer soldiers on-post housing. Please call 526-2322 for more information.

The University of Colorado at Colorado Springs ROTC conducts a Green-to-Gold briefing every Tuesday at 11:30 a.m. in the Education Center. If you are interested in becoming an Army officer and receiving a bachelor's degree, call Maj. Frank Gray or 2nd Lt. Arturo Roque at 262-3236.

The 249th Engineer Battalion is recruiting soldiers from all MOSs to train as Prime Power Production Specialists. Prime Power soldiers receive hands-on experience with high voltage electrical power generation and distribution systems. The 249th Engineer Battalion recruiting team visits Fort Carson Feb. 15. A briefing is in the Family Readiness Center, building 1526, from 10:30 to 11:30 a.m. Call Nilia Kondratiuk at DSN 656-3904 or commercial (703) 806-3904 for reservations. Leave your name, work and home phone numbers.

The Oklahoma National Guard is in desperate need of lieutenants to fill unit vacancies. Any young soldier who already has a bachelor's degree or who has a minimum of 90 credit hours toward a degree and meets the prerequisites to attend Officer Candidate School is encouraged to apply. There is also a direct commissioning program available for sergeants E-5 and above who have a bachelor's degree. Contact Maj. Vicki Jones, (405)228-5255.

To upgrade Records Management procedures all files need to be approved annually on FORSCOM Form 350-R, List of File Numbers. This form is in Jet Form. The following files need to be transferred to the Records Holding Area:

- 600-8-105a, Personnel-Type Orders
- 600-8-105c, Permanent Order Records Sets
- 600-8-22b, Military Award Cases

For more information, call Duane Gregorich at 526-2107.

The next MARKS classes are conducted:

- March 15 from 9 a.m. to 2 p.m. in building 1550, classroom A, suspense date is March 10
- April 12 from 9 a.m. to 2 p.m. in building 1550, classroom A, suspense date is April 7.

Any personnel wishing to attend must submit a memorandum with full name, rank, organization and POC telephone number to Management Service Branch (Records Management), by the suspense dates. Attendees are requested to bring a current copy of AR 25-400-2 (MARKS), dated Feb. 26, 1993. Point of contact for this action is Duane Gregorich, 526-2107.

The Central Vehicle Wash Facility will operate at reduced capacity through March 15, due to facility maintenance. Questions regarding availability of wheel and track facilities should be addressed to the Facility Operator, during the hours of 7 a.m. and 3:30 p.m., at 526-3820.

The Army Career and Alumni Program Center now has set times for clearing. Monday through Wednesday, 7:30 to 9 a.m. and 3:30 to 4:30 p.m., Thursday 9 to 10 a.m. and 3:30 to 4:30 p.m., Friday 7:30 to 9 a.m. and 1 to 2:30 p.m. If you have questions please call 526-1002 or 526-0640, or visit the web page www.carson.army.mil/ACAP/acap.html.

The ACAP Center offers a wide variety of services for transitioning soldiers, DOD members and family members. For information on these services, stop by building 1118, room 133, or call 526-1002 or 526-0640.

Debt Management can help you manage your bills. All information provided is confidential, and is available to active duty, dependents, retirees and retired dependents. For more information call 526-0449.

Everyone on official travel (TDY or PCS) must use the Government Travel Card. Anyone without a government Visa card should pick up an application packet. To insure that a new card is activated, call (800) 472-1424 before using it. For more information, call John Tack at 526-5077.

The Sergeant Audie Murphy Club event calendar is as follows:

Meetings: next meeting is March 15 and all meetings are held monthly on the third Wednesday of the month at 11:30 a.m. at Fatz.

Induction Ceremonies: 2nd Quarter Board, April 21.

Induction ceremonies and rehearsals are held at McMahon Theater. All other events are conducted in the main conference room of building 1430. For more information, call 526-2409 or 526-3887.

The University of Portland in Oregon offers an opportunity for soldiers interested in earning a bachelor's degree and becoming an Army leader. To receive more information on the University of Portland, Army ROTC and Green to Gold program, contact Capt. Gary Cohn at (800) 227-4568 ext. 7682 or (503) 943-ROTC.

The Fort Carson Safety Office conducts the following classes in building 1117:

- Motorcycle Safety Course: Feb. 18 from 7:30 a.m. to 4:30 p.m., Classroom 309A.

- Hazard Communication Train-the-Trainer: Feb. 22 from 12:30 p.m. to 4 p.m., Classroom 223.

- Local Radiation Protection Officer Course: Tuesday from 9 a.m. to 5 p.m., Classroom 223.

Attendees are required to bring a copy of their respective duty appointment memorandum to the three-day Safety Officer and Hazard Communication Courses. Space is limited to the first 12 people who preregister for the Motorcycle Safety Course by calling 526-2123. For more infor-

mation on SOTC courses, call 526-8044 or 526-2123.

Range safety certification has changed from a three-year certification to a one-year certification. Classes will continue to be held at Range Control every Friday at 1 p.m. For more information, call 526-6330.

Grant Post Library has paperback books available for units departing Fort Carson for training. Boxes of new, popular paperbacks (maneuver book kits) can be obtained easily. No paperwork or prior planning is required and the books do not need to be returned. The soldier responsible for the unit must come by, provide the name of the unit, the number of soldiers going to training and the length of time they will be gone. Call 526-8144 for more information.

Contributors are needed for the Mountaineer. If you have writing skills and would like to help get your unit's story out, the *Mountaineer* is looking for people to write occasional stories for publication. The *Mountaineer* staff provides training. Please notify the staff in advance of writing a story. For information, call 526-4144 and ask for the editor.

Soldiers separating or retiring after or during a deployment or upon completing a lengthy deployment should begin the Army Career and Alumni Program early. For more information, visit the ACAP Center in building 1118 to make an appointment.

Free scholarship website for the military community. GI Bill Express.com is a military-only scholarship Web site designed to help active duty, spouses, dependents, reservists and veterans find scholarships. For more information visit <http://www.gibillexpress.com>.

The Army Ideas for Excellence Program is seeking military and Defense Department personnel who have suggestions for accomplishing a job better, faster, more efficiently or less expensively. Anyone who knows of innovative ways to cut operating costs; make better use of resources; save materials and labor; improve quality and services; and increase productivity should call 526-5077 for more information. The government will pay up to \$25,000 for a good idea.

The Fort Carson Criminal Investigation Command Fraud, Waste and Abuse Hotline. To report suspected cases of fraud against the government, **call the hotline at 524-1120.** Callers may remain anonymous and all information is confidential; however, enough information must be left about the incident for a follow-up investigation.

Editor's note: The deadline for submitting "Briefs" to the *Mountaineer* is 5 p.m. Friday before publication date.

Sports & Leisure

Interested in being a member of the Fort Carson Golf Council? Call 524-3890 or the Golf Course Management Office with your name and telephone number no later than today.

Tae Kwon Do classes are being offered at Child and Youth Services every Thursday and Friday from 5:30 to 6:30 p.m. Ages 5 and up are welcome. For more information, call 526-2680.

Roller hockey pick-up games are played every Saturday between 10 a.m. and 1 p.m. at

Iron Horse Park. All skill levels welcome. Must bring own equipment. For more information, call 526-2038 or 579-4269.

The El Paso County Parks Department is offering a volunteer naturalist training course for volunteers. Volunteers will assist interpretive staff at Bear Creek and Fountain Creek Nature Centers by leading school programs and public tours. Training sessions are held on five consecutive Thursday mornings beginning Thursday and ending March 16 from 8 a.m. to noon. Class size is limited to 20. For more information, call Paula Megorden at 520-6387.

The 17th Annual March of Dimes Snoball Softball Tournament is March 4, 5, 18 and 19. More than 80 teams will come together for food, fun, prizes and softball at the Mountain View Athletic Complex and Cottonwood softball fields.

For more information, call Rachel Juley at 473-9981.

Fountain Valley Baseball Association located in Fountain, has set registration dates and times for the summer baseball program. Registration will be held Saturday, Feb. 19 and 26 from 9 a.m. to 3 p.m. Proof of age must accompany the registration fees: \$20 for 5 to 6 year olds; \$30 for 7 and 8 year olds; \$60 for 9 to 12 year olds and \$75 for 13 to 15 year olds. The league provides uniform jerseys, caps and equipment for all teams; parents provide pants and gloves. Volunteers and umpires are needed. For more information, call Dale Terrell at 382-7227.

Editor's note: The deadline for submitting "Briefs" to the *Mountaineer* is 5 p.m. Friday before publication date.

Get Out!

Free concert

The Air Force Band of the Rockies presents a concert Feb. 27, at 3 p.m., at Arnold Hall at the Air Force Academy. Part of the Winter Concert Series, Wild Blue Country performs, along with special guest, “Whispering Bill Anderson.” The performance is free, however tickets are required. Call TicketMaster, 520-9090.

Children’s Museum

A special program “All the Presidents’ Kids” is Feb. 21, from 3 to 4 p.m. Children learn about children growing up in the White House. The Children’s Museum is in the upper level of the Citadel Mall. Admission is \$3 for children and \$1 for adults.

Archaeology

“Searching for Fort William on the Laramie,” will be discussed at the monthly meeting of the Pikes Peak Chapter of the Colorado Archaeological Society. The meeting is at 7 p.m. Tuesday at the Falcon Police Station, 7850 Goddard St. Call 633-2591 for information.

Cripple Creek celebration

Got cabin fever? Cripple Creek celebrates “Cabin Fever Daze” with outdoor activities and food Feb. 19. Call (877) 858-4653 for details.

Open cockpit

“Open Cockpit Days” begin Feb. 26 at the Pueblo Weisbrod Aircraft Museum at the Pueblo Memorial Airport. From 10 a.m. to 2 p.m., visitors may sit in the cockpit of the C-47 Skytrain. The C-47 was the primary U.S. Army paratrooper

plane of World War II. The event is free. Call the museum at (719) 948-9219 for more information.

Pikes Peak Historic speaker

Manitou Springs Chamber of Commerce explores the history of Manitou through historic presentations. Next in the series is “The Keithley Cabins.” Feb. 13. Light refreshments are served following the program. at 3 p.m. in Manitou Springs Elementary School auditorium, 701 Duclo.

Spring break

Finding something for children to do during the school Spring Break can be easy, if you take advantage of The Children’s Museum;s work-shops. Children can attend the “Mars 2030” work-shop geared for 7 to 12-year-old children, March 27 through 31, from 9:30 a.m. to 2:30 p.m. For children ages 4 to 6, “Spaced Out!” is a workshop focusing on art and basic science of outer space. There’s a discount when more than one child from the same family enrolls. Call the Children’s Museum at 574-0077 for information. The Children’s Museum is open 7 days a week, and is located in the Citadel Mall.

Award winning musical

“Rent” tickets are on sale now for the April 11 to 16 run in the Pikes Peak Center. Call 520-Show or 520-9090. “Rent” is winner of the Tony award for Best Musical as well as a Pulitzer Prize.

Pow Wow

Denver hosts the 26th Annual Denver March Pow Wow in the Denver Coliseum 4600 Humboldt. St., March 17 to 19. Hundreds of American Indian dancers perform. Activities begin at 11 a.m. Entry is \$6 each day, or \$12 for all three days. Call (303) 934-8045 for details.

Happy birthday, Bob Marley

Help celebrate Bob Marley’s birthday at the celebration 8 p.m. tonight at Colorado Music Hall, 2475 E. Pikes Peak Ave. Tickets are available at the Colorado Music Hall and Independent Records. Food and music are featured.

Symphony concert

The Symphony pops concert is at 8 p.m. Feb. 18 and 19 — the Millennium Space Spectacular, and tickets start at \$9, call 520-7469 for tickets.

Sleeping Beauty

“Sleeping Beauty” directed by Missoula Children’s Theatre is tonight at 6:30 p.m. at Mountainside Elementary School, Building 5506. Admission is 50 cents for children and \$1 for adults.

Geology

Learn about Pikes Peak area geology Feb.19, from 1 to 2 p.m. at the Bear Creek Nature Center. The program is presented by Geologist Steve Veatch. Reservations are required; call 520-6387.

Disney on Ice

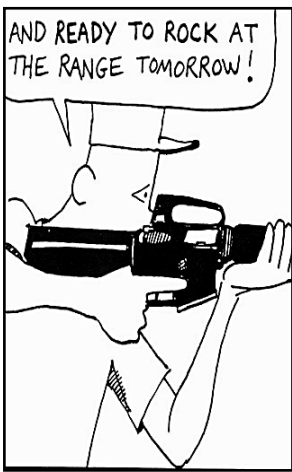
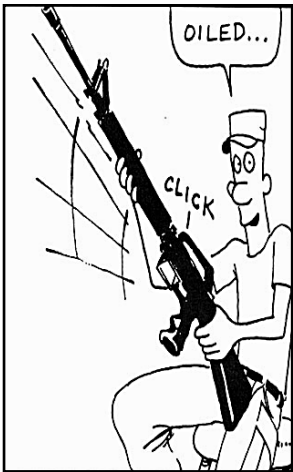
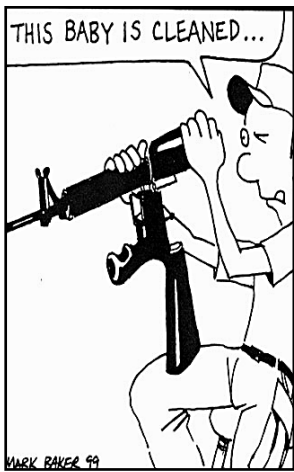
Disney’s “The Little Mermaid” is at the Colorado Springs World Arena, March 22 to 26, featuring world-class figure skating, music, cos-tumes and special effects. Call 477-2116 for infor-mation.

Goldies and Oldies

Dance to the Goldies and Oldies at Decades any Friday night in February. Live music of the 50s, 60s and 70s, by Ralph Nichols, previously of “The Lettermen” and the “Sandpipers.”There’s no cover charge. Decades is in Christopher's. Doors open at 5 p.m. and entertainment begins at 7 p.m. Call 576-7540 for information.

Pvt. Murphy's Law

by Sgt. 1st Class Mark Baker



McMahon Theater Movies

Saturday and Sunday

"Tarzan" (G) 2 p.m.

"Universal Soldier" (R) 6 p.m.

Children age 10 and under must be accompanied by an adult or sibling who is at least 13 years of age. The 2 p.m. matinee is intended for a children's audience and the 6 p.m. movie is intended for an adult audience. All movies cost \$1 for anyone 5-years-old or older.

McMahon Theater is located on the corner of McDonald Street and Wetzel Avenue. For more information, call 526-4629.